



Adult Children of Alcoholics/ Dysfunctional Families (ACA)

May 2019

L.A. Meeting Directory SoCalACA.org LosAngelesACAInterGroup@gmail.com

The term "adult child" is used to describe adults who grew up in alcoholic or dysfunctional homes and who exhibit identifiable traits that reveal past abuse or neglect. The group includes adults raised in homes without the presence of alcohol or drugs. These ACA members have the trademark presence of abuse, shame, and abandonment found in alcoholic homes. Our 30 years of experience has shown that adult children who attend our meetings, work the Twelve Steps, and find a Higher Power experience astonishing improvement in body, mind and spirit. Ours is one of the few Twelve-Step fellowships that embraces the difficult task of trauma work, which can often lead to an exciting journey to the Inner Child or True Self. Along with sponsorship, we encourage informed counseling to help the adult child accomplish the greatest level of emotional healing from an abusive upbringing.

Excerpted from the Adult Children of Alcoholics/ Dysfunctional Families (ACA) Fellowship Text pp. xii-xiii (2006).



SUNDAY			
3 pm	<u>Daily Affirmation Book Meeting</u> Strengthening My Recovery	Spirit of Studio 12 6006 N Laurel Canyon, NORTH HOLLYWOOD 91606	X-street Oxnard. Park on street, not at strip mall or mattress store CA1106
2 pm	<u>ACA Anger Release</u>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle CULVER CITY 90230	X-street Centinela CA1270
5 pm	<u>Sunset Serenity</u>	Church, 4427 Overland Blvd CULVER CITY 90230	Reading, writing, sharing
5 pm	<u>Flip the Script</u>	Church, 44628 10th St. West LANCASTER 93534	CA1318
6 pm		8742 Mulberry Dr. SUNLAND 91040	Above golf course in house on cul-de-sac CA1114
6 pm	<u>Moving Towards A Solution</u>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle CULVER CITY 90230	X-street Centinela, Red Book Study CA1073
7:30 pm	<u>SHARE! Downtown</u>	SHARE! Downtown (Courage Room) 425 S. Broadway LOS ANGELES 90013	Near Pershing Sq. Metro Exit, LGBT friendly CA992
7:30 pm	<u>Any Dysfunctional Family--Book Study</u>	Westminster P Church, 1757 N. Lake St.. PASADENA 91104	Candlelit, Park in rear CA1111
MONDAY			
6 pm	<u>Recovery and Healing</u>	1st United Methodist (2nd flr annex) 1551 El Prado Ave. TORRANCE 90501	CA012
6:15 pm		St. Marks Episcopal (in Parish Hall) 1020 North Brand Blvd GLENDALE 91202	Park & enter rear church. X-street Dryden. CA121
7 pm	<u>Ladies 12-Step Study</u>	Holy Trinity (Brides Rm.) 100 N. 3rd Ave. COVINA 91723	3rd & Badillo, Women, ACAs only (closed) Traits study last Monday of the month CA1182
7:30 pm	<u>Monday Night ACA in Whittier</u>	Matthias Episcopal (Chase Rm.), 7056 Washington Ave. WHITTIER 90602; Book Study Sunday school rom.	CA1100
8 pm	<u>Post-Traumatic Stress</u>	SHARE! Culver City (Serenity Room) 6666 Green Valley Circle CULVER CITY 90230	X-street Centinela, free parking CA1307
8 pm	<u>Hoover St. ACA</u>	4423 Santa Monica Blvd. LOS ANGELES 90029; Book Study Between Virgil and Hoover	CA1402
9 pm	<u>ACA Phone Meeting</u>	712 432-8808 pin: 2221212# Members are unmuted entering the group. *1 to unmute/ remute.	TEL0368
TUESDAY			
3:30 pm	<u>SHARE! Downtown</u>	SHARE! Downtown (Courage Room), 425 S. Broadway LOS ANGELES 90013	Near Pershing Sq. Metro Exit, LGBT friendly CA1196
6 pm	<u>Grupo Nueva Vida</u>	Rincon De Plaza Comercio, 9549-B Telegraph Rd. PICO RIVERA 90660	Spanish-speaking CA1026
6:30 pm	<u>Encino Women Step Study</u>	Holy Spirit Retreat Center (Oakside Room) 4316 Lanai Road ENCINO 91436	Women; Daily Affirmations CA1179
		So. of Havenhurst & Ventura Blvd. Enter small road, look for building w/parking lot. Look for ACA signs	
7 pm	<u>Sisters of Serenity</u>	St Gregory's Episcopal (Room #1) 6201 E Willow/Woodruff LONG BEACH 90815	Enter gate near back parking lot; Red Book Study, Women CA986
7 pm	<u>Pasadena ACA Recovery</u>	Westminster Pres. (Chapel), 1757 N. Lake, PASADENA 91104	Park in rear, enter right side. CA1340
7 pm	<u>ACA Women</u>	Christ Lutheran Church Rm 1, 25816 Tournament Rd SANTA CLARITA 91355	Near CalArts CA1380
7 pm	<u>Help Is Here</u>	Antelope Valley Hosp. 4th Fl. Rm 7, 1600 W Ave. J LANCASTER 93534	Enter off 15th, check w/ security. CA1247

All meetings are in English, non-smoking, and open to all, unless otherwise specified. Last updated 5/4/19

For info, SoCalACA.org; email info@socalaca.org. L.A. InterGroup meets 1st Sunday, 8 pm, SHARE!, 6666 Green Valley Circle, Culver City 90230

WEDNESDAY				
10 am	<u>Weds. ACA Red Book Meeting</u>	MWA Club; 835 E 33rd St SIGNAL HILL 90755	3 blocks east of Atlantic across from Target	CA044
11 am	<u>Malibu ACA</u>	Church 2nd Fl Welcome Room 3324 Malibu Canyon Rd. MALIBU 90265		CA1352
12 noon	<u>No Victims</u>	Kaiser CRDP Bldg. 2 Room D; 23621 S. Main, CARSON 90745	Book Study	CA1273
7 pm	<u>Wednesday Valley ACA</u>	As You Are Church (Education Room) 7855 Lindley Ave., RESEDA 91335		CA1144
7:30 pm	<u>Wednesday Evening Women</u>	1st United Methodist (Rm. 203) 1008 11th St, SANTA MONICA 90403; at 11th/Washington,	free parking across from the church, Women	CA717
7:30 pm	<u>ACA Wednesday Night</u>	United Methodist (Rm. 8), 13000 San Antonio Dr. NORWALK 90605	Book Study	CA428
9 pm	<u>ACA Phone Meeting</u>	712 432-8808 pin: 2221212# Members are unmuted entering the group. *1 to unmute/ remute.		TEL0371
THURSDAY				
7:30 am	<u>ACA Step Study Open To All</u>	7th Day Adventist 1711 N. Van Ness Blvd HOLLYWOOD 90038	Off-Street parking available in lot, Step Study	CA1093
6:15 pm	<u>Adult Children of Alcoholics</u>	St. Marks Episcopal (in Parish Hall), Enter though courtyard on Brand Blvd., door is rt. of fountain. X-street Dryden 1020 North Brand Blvd GLENDALE 91202		CA142
7 pm	<u>ACA</u>	MWA Club (Patio Rm), 835 E 33rd St SIGNAL HILL 90755	3 blocks E of Atlantic across from Target, LGBT Friendly	CA959
7 pm	<u>Women's Meditation Bk Study</u>	Holy Spirit Retreat Center 4316 Lanai Road ENCINO 91436	Women; Candlelight. So. of Hayvenhurst & Ventura Blvd; Enter small road, look for building w/parking lot. Look for ACA signs.	CA1261
6 pm	<u>ACA</u>	8742 Mulberry Dr. SUNLAND 91040	Above golf course in house on cul-de-sac	CASOCAL01
8 pm	<u>ACA in West Los Angeles</u>	West L.A. Alano Club (upstairs, W. of Gateway) 11530 W. Pico Blvd. WEST LOS ANGELES 90064		CA1045
FRIDAY				
7 am	<u>Growing Up in ACA</u>	9604 South Figueroa St. LOS ANGELES 90003	Park behind building	CA747
6 pm	<u>Fellow Travelers Step Study</u>	SHARE! Culver City (Serenity Rm.) 6666 Green Valley Circle, CULVER CITY 90230	X-street Centinela. Using the ACA Workbook.	CA1225
6:30 pm	<u>Beyond Survival (Ch. 15) Group</u>	Trinity Lutheran (annex building), 1450 W 7th St. SAN PEDRO 90732		CA1219
7 pm	<u>Happy Adult Children in Recovery</u>	Antelope Valley Hospital (5th Floor, Conf. Rm. 10), 1600 W. Ave J, LANCASTER 93534.	Sharing mtg.	CA931
7 pm	<u>Steps, Traditions and A Speaker</u>	New Hope Lutheran (Rm. 3) 29295 Agoura Rd. AGOURA HILLS 91301	X-street Kanan Rd (Kanan Rd exit from 101 Fwy.) Gives out chips, Book study	CA1180
7:30 pm	<u>Friday Night All Saints Church</u>	All Saints (Bungalow OCC Conference Rm), 132 N. Euclid Ave. PASADENA 91101		CA510
SATURDAY				
9 am	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. SIGNAL HILL 90755	3 blocks E. of Atlantic across from Target	CA1151
10 am	<u>ACA Unurban Cafe</u>	3301 Pico Blvd, W. LOS ANGELES 90755 (Urban/Pico across from Trader Joes)	Call 310-315-0056 re:parking	CA1305
12 noon	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. SIGNAL HILL 90755	3 blocks E. of Atlantic across from Target	CA940
1:30 pm	<u>ACA and Dysfunctional Families</u>	5446 N. Citrus Ave. COVINA 91722	Between Gladstone and Arrow Hwy, In Rear Building S	CA164
5 pm	<u>Young Dys-FUN-ctional People</u>	Westminster Sr. Ctr. 1234 Pacific Ave., VENICE 90291		CA1382
4 pm	<u>ACA Women</u>	Church, Duval 2 Rm upstairs, park underground 701 California Ave. SANTA MONICA 91301		CA1352
5:30 pm; 7 pm	<u>ACA Yellow Book, ACA Red Book Meeting</u>	Farmers Market (Community Rm.) 6333 West 3rd St. LOS ANGELES 90036	Comm'ty Rm. on Upper Dining Deck, above Kip's Toyland. Check farmersmarketla.com for parking info.	CA1224



Adult Children of Alcoholics/ Dysfunctional Families (ACA)



So Cal ACA Intergroup SoCalACA.org info@SoCalACA.org

Purpose of the Los Angeles ACA Intergroup

The Los Angeles Intergroup provides a forum for conducting ACA business within Los Angeles County. The individual groups continue to conduct their own group business; however, the groups can select a meeting representative to represent the group at the Los Angeles ACA Intergroup. The Intergroup is composed of members from the various ACA groups, to whom it is responsible. The Intergroup helps update the meeting directory, and coordinate public information efforts, hospitals and institutions meetings, and ACA events in Los Angeles County.

Intergroup Business Meetings

Los Angeles ACA Intergroup business meetings are at 8 pm on the 1st Sunday of each month in the Tranquility Room at SHARE! Culver City, 6666 Green Valley Circle, Culver City 90230. Members needed for all service positions. All welcome. If you can't attend in person, call in at 712-770-4700 Access 887877#

Updating Meeting Information

Please send all additions, deletions and changes to **info@SoCalACA.org**. Please include your ACA meeting number. To be included, the meeting must be listed with ACA World Service, which requests that meetings update info annually. Thanks!

Nearby ACA resources

[Santa Barbara, Ventura and adjacent areas:](#)

www.SB-ACA.org

World Service ACA: Go to www.adultchildren.org and click on the "Find a Meeting" tab. In the space provided, enter (**Zip/Postal code** or **State/Province** or **City, State**). Clicking on the individual meeting will take you to a page with meeting contacts.

For ACA Online / Phone Meetings

Go to www.AdultChildren.org and click on "Find a Meeting." There are listings for Online, Phone and Audio/Online meetings. Remember meetings on listed in East Coast time zone.

Los Angeles ACA Intergroup E-Mail List

Sign up for Los Angeles ACA announcements, newsletters, event flyers, and upcoming motions by emailing: announcements@SoCalACA.org

Help ACA Carry the Message

Suggested 7th Tradition contributions (after prudent reserve):

--60% to ACA Intergroup. Payments made be made online at SoCalACA.org (scroll down to Paypal Donation button). Or send checks to Los Angeles ACA Intergroup, 6666 Green Valley Circle, Culver City CA 90230. Please include your meeting number on the check. Records of contributions are at www.SoCalACA.org.

-- 30% to ACA Western Region. Send checks to P.O. Box 811, Lakewood CA 90714.

-- 10% to ACA World Service. Send checks to P.O. Box 811, Lakewood CA 90714. Payments can also be made online at AdultChildren.org/contribute.

Adult Children of Alcoholics/ Dysfunctional Families

So Cal ACA Intergroup

First Sunday of the month, 8 pm

SHARE! Culver City, 6666 Green Valley Circle Culver City, CA 90230--- Free parking

If you can't attend in person, call in at 712-770-4700 Access 887877#

- Tracks Los Angeles meetings and publishes directory
- Manages website SoCalACA.org
- Plans ACA events
- Supports new meetings
- Encourages fellowship and sponsorship

Stay informed!

Join the So Cal Intergroup email list by sending an email to: announcements@SoCalACA.org with the word **"Join"** in subject line (unsubscribe at any time)



SoCalACA.org

Info@SoCalACA.org