



ACA Workshops & Events 2019

For Adult Children of Alcoholics and Dysfunctional Families.

The general public, as well as men and women of all twelve step programs are invited.

No one will be turned away for lack of donation. Proceeds will be donated to the ACA Women's Retreat.

Becoming Your Own Loving Parent – Sunday, March 31 with Esau G.

The Next Step - The Solution - Chapter 8 - How to Love Yourself - Workshop from 4-5:30 pm. Suggested donation \$10. SHARE! Center, 6666 Green Valley Cir, **Culver City**, CA 90230. Room at top of stairs. Handicap accessible. Funds will go to ACA Women's Retreat 2020 and LA Intergroup. Please sign up and carpool if possible ch.8thenextstep@gmail.com.

Processing Unresolved Trauma - Unmanageability to Serenity

Sat, April 6 with Cindy L. Practical Use of Steps 1-3. Hands on activity to deal with life situations. Workshop from 1:30 pm – 3:00 pm followed by a one hour ACA Sharing meeting (approx 3:15 pm to 4:15 pm). Doors open at 1:00 pm. Suggested donation \$10. Mount Cross Church, 102 Camino Esplendido, **Camarillo**, CA 93010.



Feelings and Inner Child – Sun, May 19 with Barbara F. and Nancy M.

Two Experiential Workshops from 9:30 am – 11:00 am and 12:00 noon – 1:30 pm followed by a one hour ACA Sharing meeting (approx 1:45 pm to 2:45 pm). Bring your lunch. Doors open at 9 am. Suggested donation \$15. In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360.



Forgiveness is a Spiritual Journey – Sunday, June 9 with Jeanete B.

Experiential Intensive from 9:30 am – 11:30 am and 12:30 – 2:30 pm. Bring your lunch and your willingness to grow. Doors open at 9 am. Suggested donation \$18 (includes \$8 booklet cost). In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360.

“My Inner Critic” – An Epic Musical Journey

Saturday, June 29 - A One Woman Show presented by Jennifer Jayne

Doors open at 1:15. Show starts promptly at 2 pm! Latecomers may not be seated. Suggested donation \$20. One hour ACA sharing meeting will be held after event from approx 3:30 - 4:30 pm. In Pederson Hall at Ascension Lutheran Church, 1600 E. Hillcrest Drive, **Thousand Oaks**, CA 91362. Enter off Hillcrest and park in upper lot to the left of the main church.



1st Annual ACA Women's Retreat

July 17-19, 2020 at the Serra Retreat Center, Malibu, CA

www.acawomensretreat.org AcaWomensRetreat@gmail.com

The ACAWR Committee 2020 presents this series of **FUNdraisers** to launch a new annual retreat.

If you want to be of service by hosting a workshop or helping find a venue, please email.

TO THE MEN IN ACA: Let's us know when you launch a Men's Retreat, as we would love to support fundraising efforts.

Our ACA fellowship is self supporting through our own service and financial contributions.

