



# Adult Children of Alcoholics/ Dysfunctional Families (ACA)

November  
2018

L.A. Meeting Directory      SoCalACA.org      LosAngelesACAIntergroup@gmail.com

The term "adult child" is used to describe adults who grew up in alcoholic or dysfunctional homes and who exhibit identifiable traits that reveal past abuse or neglect. The group includes adults raised in homes without the presence of alcohol or drugs. These ACA members have the trademark presence of abuse, shame, and abandonment found in alcoholic homes. Our 30 years of experience has shown that adult children who attend our meetings, work the Twelve Steps, and find a Higher Power experience astonishing improvement in body, mind and spirit. Ours is one of the few Twelve-Step fellowships that embraces the difficult task of trauma work, which can often lead to an exciting journey to the Inner Child or True Self. Along with sponsorship, we encourage informed counseling to help the adult child accomplish the greatest level of emotional healing from an abusive upbringing.

*Excerpted from the Adult Children of Alcoholics/ Dysfunctional Families (ACA) Fellowship Text pp. xii-xiii (2006).*



SUNDAY			
3 pm	<b><u>Daily Affirmation Book Meeting</u></b> Strengthening My Recovery	Spirit of Studio 12 6006 N Laurel Canyon, <b>NORTH HOLLYWOOD</b> 91606	X-street Oxnard. Park on street, not at strip mall or mattress store CA1106
2 pm	<b><u>ACA Anger Release</u></b>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle <b>CULVER CITY</b> 90230	X-street Centinela CA1270
5 pm	<b><u>Sunset Serenity</u></b>	Church, 4427 Overland Blvd <b>CULVER CITY</b> 90230	Reading, writing, sharing
5 pm	<b><u>Flip the Script</u></b>	Church, 44628 10th St. West <b>LANCASTER</b> 93534	CA1318
5:30 pm	<b><u>Any Dysfunctional Family--Step Study</u></b>	Pasadena Christian Church 789 N. Altadena Dr. <b>PASADENA</b> 91107	No. of 210 Fwy. CA1111
6 pm		8742 Mulberry Dr. <b>SUNLAND</b> 91040	Above golf course in house on cul-de-sac CA1114
6 pm	<b><u>Moving Towards A Solution</u></b>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle <b>CULVER CITY</b> 90230	X-street Centinela, Red Book Study CA1073
7:30 pm	<b><u>Any Dysfunctional Family--Book Study</u></b>	Pasadena Christian Church 789 N. Altadena Dr. <b>PASADENA</b> 91107	No. of 210 Fwy. CA1111
MONDAY			
6 pm	<b><u>Recovery and Healing</u></b>	1st United Methodist (2nd flr annex) 1551 El Prado Ave. <b>TORRANCE</b> 90501	CA012
6:15 pm		St. Marks Episcopal (in Parish Hall) 1020 North Brand Blvd <b>GLENDALE</b> 91202	Park & enter rear church. X-street Dryden. CA121
7 pm	<b><u>Ladies 12-Step Study</u></b>	Holy Trinity (Choir Rm.) 100 N. 3rd Ave. <b>COVINA</b> 91723	3rd & Badillo, Women, ACAs only (closed) CA1182
7:30	<b><u>Monday Night ACA in Whittier</u></b>	Matthias Episcopal (Chase Rm.), 7056 Washington Ave. <b>WHITTIER</b> 90602; Book Study	CA1100
8 pm	<b><u>Post-Traumatic Stress</u></b>	SHARE! Culver City (Serenity Room) 6666 Green Valley Circle <b>CULVER CITY</b> 90230	X-street Centinela, free parking CA1307
9 pm	<b><u>ACA Phone Meeting</u></b>	712 432-8808 pin: 2221212# Members are unmuted entering the group. *1 to unmute/ remute.	TEL0368
TUESDAY			
3:30 pm	<b><u>SHARE! Downtown</u></b>	SHARE! Downtown (Courage Room), 425 S. Broadway <b>LOS ANGELES</b> 90013	Near Pershing Sq. Metro Exit, LGBT friendly CA1196
6 pm	<b><u>Grupo Nueva Vida</u></b>	Rincon De Plaza Comercio, 9549-B Telegraph Rd. <b>PICO RIVERA</b> 90660 Spanish-speaking	CA1026
6:30 pm	<b><u>Encino Women Step Study</u></b>	Holy Spirit Retreat Center (Oaksid Room) 4316 Lanai Road <b>ENCINO</b> 91436 So. of Havenhurst & Ventura Blvd. Enter small road, look for building w/parking lot. Look for ACA signs	Women; Daily Affirmations CA1179
7 pm	<b><u>Sisters of Serenity</u></b>	St Gregory's Episcopal (Room #1) 6201 E Willow/Woodruff <b>LONG BEACH</b> 90815	Enter gate near back parking lot; Red Book Study, Women CA986
7 pm	<b><u>Pasadena ACA Recovery</u></b>	Westminster Pres. (Chapel), 1757 N. Lake, <b>PASADENA</b> 91104 Park in rear, enter right side.	CA1340
7 pm	<b><u>Help Is Here</u></b>	Antelope Valley Hosp. 4th Fl. Rm 7, 1600 W Ave. J <b>LANCASTER</b> 93534 Enter off 15th, check w/ security.	CA1247

*All meetings are in English, non-smoking, and open to all, unless otherwise specified. Last updated 9/15/18*

For info, SoCalACA.org; email info@socalaca.org. L.A. Intergroup meets 1st Sunday, 8 pm, SHARE!, 6666 Green Valley Circle, Culver City 90230

WEDNESDAY				
10 am	<u>Weds. ACA Red Book Meeting</u>	MWA Club; 835 E 33rd St <b>SIGNAL HILL</b> 90755	3 blocks east of Atlantic across from Target	CA044
12 noon	<u>No Victims</u>	Kaiser CRDP Bldg. 2 Room D; 23621 S. Main, <b>CARSON</b> 90745	Book Study	CA1273
6:30 pm	<u>ACA Step Study</u>	1st United Methodist (2nd flr annex) 1551 El Prado Ave. <b>TORRANCE</b> 90501		CA1192
7 pm	<u>Wednesday Valley ACA</u>	As You Are Church (Education Room) 7855 Lindley Ave., <b>RESEDA</b> 91335		CA1144
7:30 pm	<u>SHARE! Downtown</u>	SHARE! Downtown (Courage Room) 425 S. Broadway <b>LOS ANGELES</b> 90013	Near Pershing Sq. Metro Exit, LGBT friendly	CA992
7:30 pm	<u>Wednesday Evening Women</u>	1st United Methodist (Rm. 203) 1008 11th St, <b>SANTA MONICA</b> 90403; at 11th/Washington,	free parking across from the church, Women	CA717
7:30 pm	<u>ACA Wednesday Night</u>	United Methodist (Rm. 8), 13000 San Antonio Dr. <b>NORWALK</b> 90605	Book Study	CA428
9 pm	<u>ACA Phone Meeting</u>	712 432-8808 pin: 2221212# Members are unmuted entering the group. *1 to unmute/ remute.		TEL0371
THURSDAY				
7:30 am	<u>ACA Step Study Open To All</u>	7th Day Adventist 1711 N. Van Ness Blvd <b>HOLLYWOOD</b> 90038	Off-Street parking available in lot, Step Study	CA1093
6:15 pm	<u>Adult Children of Alcoholics</u>	St. Marks Episcopal (in Parish Hall), Enter though courtyard on Brand Blvd., door is rt. of fountain. X-street Dryden 1020 North Brand Blvd <b>GLENDALE</b> 91202		CA142
7 pm	<u>Women's Book Study</u>	LA CADA 11015 Bloomfield Ave, <b>SANTA FE SPRINGS</b> 90670	Women; Park in front or in back of building	CA1324
7 pm	<u>ACA</u>	MWA Club (Patio Rm), 835 E 33rd St <b>SIGNAL HILL</b> 90755	3 blocks E of Atlantic across from Target, LGBT Friendly	CA959
7 pm	<u>ACA at COA</u>	Christian Outreach In Action (COA) 515 E. 3rd St. <b>LONG BEACH</b> 90802;	NE corner 3rd & Linden, downtown Long Beach	CA1259
7 pm	<u>Women's Meditation Bk Study</u>	Holy Spirit Retreat Center 4316 Lanai Road <b>ENCINO</b> 91436	Women; Candlelight. So. of Hayvenhurst & Ventura Blvd; Enter small road, look for building w/parking lot. Look for ACA signs.	CA1261
7:30 pm	<u>ACA</u>	8742 Mulberry Dr. <b>SUNLAND</b> 91040	Above golf course in house on cul-de-sac	CASOCAL01
8 pm	<u>ACA in West Los Angeles</u>	West L.A. Alano Club (upstairs, W. of Gateway) 11530 W. Pico Blvd. <b>WEST LOS ANGELES</b> 90064		CA1045
FRIDAY				
8 am	<u>Friday Morning ACA</u>	New Hope Lutheran (Rm. 3) 29295 Agoura Rd. <b>AGOURA HILLS</b> 91301	X-Street Kanan Rd (Kanan Rd exit from 101 Fwy.) Red Book Study	CA1291
11:30 am	<u>Malibu ACA</u>	Church 1st Fl next to nursery 3324 Malibu Canyon Rd. <b>MALIBU</b> 90265		CA1352
6 pm	<u>Growing Up in ACA</u>	9604 South Figueroa St. <b>LOS ANGELES</b> 90003	Park behind building	CA747
6 pm	<u>Fellow Travelers Step Study</u>	SHARE! Culver City (Serenity Rm.) 6666 Green Valley Circle, <b>CULVER CITY</b> 90230	X-street Centinela. Using the ACA Workbook.	CA1225
6:30 pm	<u>Beyond Survival (Ch. 15) Group</u>	Trinity Lutheran (annex building), 1450 W 7th St. <b>SAN PEDRO</b> 90732		CA1219
7 pm	<u>Happy Adult Children in Recovery</u>	Antelope Valley Hospital (5th Floor, Conf. Rm. 10), 1600 W. Ave J, <b>LANCASTER</b> 93536. Tagalog		CA931
7 pm	<u>Steps, Traditions and A Speaker</u>	New Hope Lutheran (Rm. 3) 29295 Agoura Rd. <b>AGOURA HILLS</b> 91301	X-street Kanan Rd (Kanan Rd exit from 101 Fwy.) Gives out chips, Book study	CA1180
7:30 pm	<u>Friday Night All Saints Church</u>	All Saints (Bungalow OCC Conference Rm), 132 N. Euclid Ave. <b>PASADENA</b> 91101		CA510
SATURDAY				
9 am	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. <b>SIGNAL HILL</b> 90755	3 blocks E. of Atlantic across from Target	CA1151
10 am	<u>ACA Unurban Cafe</u>	3301 Pico Blvd, W. <b>LOS ANGELES</b> 90755 (Urban/Pico across from Trader Joes) Call 310-315-0056 re:parking		CA1305
12 noon	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. <b>SIGNAL HILL</b> 90755	3 blocks E. of Atlantic across from Target	CA940
1:30 pm	<u>ACA and Dysfunctional Families</u>	5446 N. Citrus Ave. <b>COVINA</b> 91722	Between Gladstone and Arrow Hwy, In Read Building S	CA164
5 pm	<u>ACA</u>	Church, Duval 2 Rm upstairs, park underground 701 California Ave. <b>SANTA MONICA</b> 91301		CA1352
7 pm	<u>ACA Yellow Book, ACA Red Book Meeting</u>	Farmers Market (Community Rm.) One hr. 6333 West 3rd St. <b>LOS ANGELES</b> 90036	Comm'ty Rm. on Upper Dining Deck, above Kip's Toyland. Check farmersmarketla.com for parking info.	CA1224



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So Cal ACA Intergroup    SoCalACA.org    info@SoCalACA.org

## **Purpose of the Los Angeles ACA Intergroup**

The Los Angeles Intergroup provides a forum for conducting ACA business within Los Angeles County. The individual groups continue to conduct their own group business; however, the groups can select a meeting representative to represent the group at the Los Angeles ACA Intergroup. The Intergroup is composed of members from the various ACA groups, to whom it is responsible. The Intergroup helps update the meeting directory, and coordinate public information efforts, hospitals and institutions meetings, and ACA events in Los Angeles County.

## **Intergroup Business Meetings**

Los Angeles ACA Intergroup business meetings are at 8 pm on the 1<sup>st</sup> Sunday of each month in the Tranquility Room at SHARE! Culver City, 6666 Green Valley Circle, Culver City 90230. Members needed for all service positions. All welcome. If you can't attend in person, call in at 712-770-4700 Access 887877#

## **Updating Meeting Information**

Please send all additions, deletions and changes to **info@SoCalACA.org**. Please include your ACA meeting number. To be included, the meeting must be listed with ACA World Service, which requests that meetings update info annually. Thanks!

## **Nearby ACA resources**

Santa Barbara, Ventura and adjacent areas:

[www.SB-ACA.org](http://www.SB-ACA.org)

World Service ACA: Go to [www.adultchildren.org](http://www.adultchildren.org) and click on the "Find a Meeting" tab. In the space provided, enter (**Zip/Postal code** or **State/Province** or **City, State**). Clicking on the individual meeting will take you to a page with meeting contacts.

## **For ACA Online / Phone Meetings**

Go to [www.AdultChildren.org](http://www.AdultChildren.org) and click on "Find a Meeting." There are listings for Online, Phone and Audio/Online meetings. Remember meetings on listed in East Coast time zone.

## **Los Angeles ACA Intergroup E-Mail List**

Sign up for Los Angeles ACA announcements, newsletters, event flyers, and upcoming motions by emailing: [announcements@SoCalACA.org](mailto:announcements@SoCalACA.org)

## **Help ACA Carry the Message**

Suggested 7th Tradition contributions (after prudent reserve):

--60% to ACA Intergroup. Payments made be made online at [SoCalACA.org](http://SoCalACA.org) (scroll down to Paypal Donation button). Or send checks to Los Angeles ACA Intergroup, 6666 Green Valley Circle, Culver City CA 90230. Please include your meeting number on the check. Records of contributions are at [www.SoCalACA.org](http://www.SoCalACA.org).

-- 40% to ACA World Service. Send checks to P.O. Box 811, Lakewood CA 90714. Payments can also be made online at [AdultChildren.org/contribute](http://AdultChildren.org/contribute).

Adult Children of Alcoholics/ Dysfunctional Families

# So Cal ACA Intergroup

## First Sunday of the month, 8 pm

SHARE! Culver City, 6666 Green Valley Circle Culver City, CA 90230--- Free parking

If you can't attend in person, call in at 712-770-4700 Access 887877#

- Tracks Los Angeles meetings and publishes directory
- Manages website SoCalACA.org
- Plans ACA events
- Supports new meetings
- Encourages fellowship and sponsorship

### Stay informed!

Join the So Cal Intergroup email list by sending an email to: [announcements@SoCalACA.org](mailto:announcements@SoCalACA.org) with the word **"Join"** in subject line (unsubscribe at any time)



[SoCalACA.org](http://SoCalACA.org)

[Info@SoCalACA.org](mailto:Info@SoCalACA.org)