

**Orange County's 16th Annual
FALL MOUNTAIN RETREAT
ACA with CoDA invited
September 17, 18, and 19, 2004
Camp deBenneville Pines, Angelus Oaks, CA**

Fall Mountain Retreat

Don't you deserve a safe and peaceful weekend away from the hustle and bustle of normal life? Come join us for two days of fun and fellowship at the incredible Camp deBenneville Pines near Big Bear, California. If the workshops, 12-Step meetings, crafts, hiking, DJ dance, "talent/no-talent" show, and star-gazing aren't enough... perhaps the two masseuse's on site and the jacuzzi will entice you to join in the fun!

This Year's Speakers, Activities and Workshops:

Saturday Speaker: Bill W. — will share his experience, strength and hope.
Saturday Arts & Crafts Activity: Affirmation Cubes.
Sunday: "Releasing Burdens / Receiving Blessings" Healing Ceremony — facilitated by retreat committee members.
Sunday Arts & Crafts Activity: Decorated keepsake containers for all of your warm fuzzies.

Raffle

You've got to play to win. We'll be selling raffle tickets all weekend long for some great fun prizes to enjoy after you head back down the mountain. Simply buy some tickets and drop them into the containers for the items you hope to win, and we'll announce the winners at breakfast Sunday morning. Have great fun to help support a great organization!

Cabin Availability: Cabins are assigned on a first-come-first-serve basis. Couples rooms are very limited. To receive the \$15 early registration discount, mail-in registrations must be postmarked no later than Friday, September 3, 2004. *No exceptions.*

Luxurious Craig's Cabin

Room reservations for Craig's Cabin are an additional \$100 over the regular registration fee. Rooms are on a first-come-first-serve basis (determined by the date your registration and payment is received). You may split the fee with a roommate, but a separate check for \$100 must be included with only ONE person's payment and registration. The \$100 fee will be refunded if no more rooms are available when your registration is received.
 (Go to <http://www.uucamp.org/craig.html> for a description of Craig's Cabin.)

Pamper Yourself With an Incredible Massage

De-stress, relieve tension, increase circulation and elevate your mood with a massage. Be sure to sign-up as soon as you arrive at the registration desk to reserve your time. Massages cost \$30.00 for a half-hour session or \$60 for a one-hour session. *Please remember to bring a large beach towel with you to your appointment.* Even with two masseuses, we're sure to fill up quickly.

What to bring: Sleeping bag or sheets and blanket, pillow, towels, large beach towel (especially if you plan to get a massage), flashlight, hiking clothes/shoes/equipment, swimsuit, sun-block, toiletries, alarm clock, ear plugs (if you are a light sleeper), change for sodas and bottled water, binoculars for star-gazing, notebook, journal, paper, pen, camera, stuffed animal, favorite CD (labeled with your name and phone number), drums and other musical instruments...

Carpool/Ridesharing: If you can give someone a ride, or if you need a ride, please fill out the section on the registration form and return a.s.a.p.

Friday Registration and General Information:

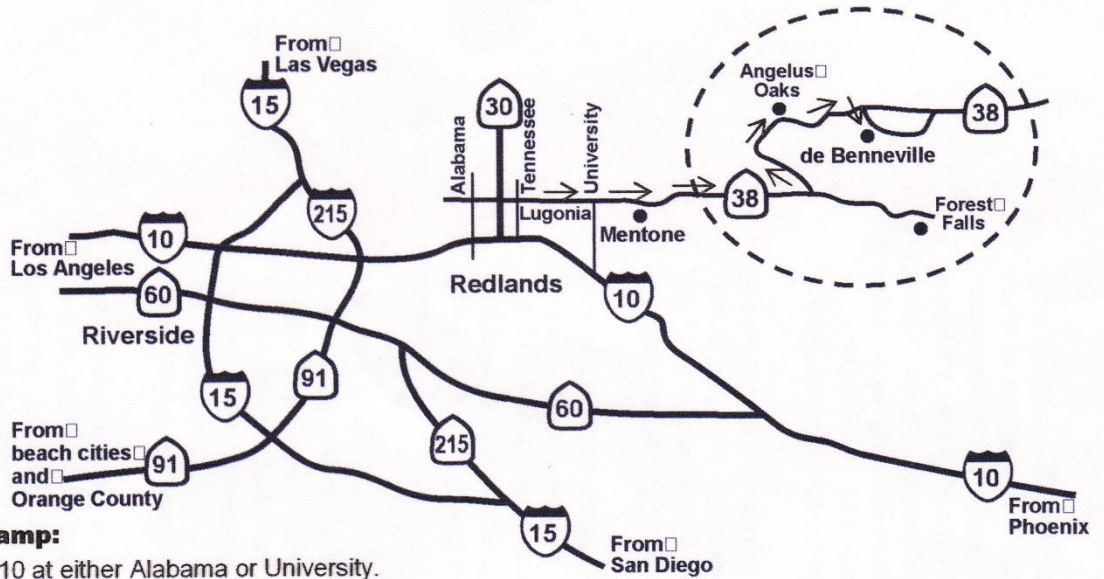
- Register at the Homet Lodge on Friday from 4:00–10:00 p.m. After 10 p.m., pick up your room assignment and name tag at the registration table.
- Free coffee and tea are available 24 hours a day in the Homet Lodge. Cold drinks are also available for a small fee.
- No food is permitted in the cabins.
- The pool is available; however, bathing suits are a MUST!
- Smoking is permitted only in designated areas with ashtrays.
- This is an alcohol-free event.
- Anyone violating any of these rules will be asked to leave.

Friday Evening Agenda:

4:00 – 12:00 mid.	Registration and free time	Homet Lodge
6:30 – 8:00 p.m.	Cold buffet dinner served	Homet Lodge
8:00 – 9:30 p.m.	Getting to Know You Games	Homet Lodge
9:30 – 11:00 p.m.	ACA Welcome Meeting	Coffee House
11:00 – whenever	Drumming (bring your drums, etc.)	Homet Lodge
4:00 – 11:00 p.m.	Massage depending on availability	

Important Contacts:

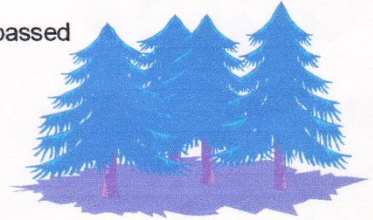
Veronica C.	Registration
Madeline M.	Anything else
Tina K.	Message Line



DIRECTIONS

To deBenneville Pines Camp:

- In Redlands, exit Interstate 10 at either Alabama or University.
- Take Alabama or University north to Lugonia (State Highway 38).
- Turn right (east) onto Lugonia and follow Highway 38 into the mountains. (From Mentone to Angelus Oaks is about 15 miles.)
- Keep left when you come to the forks in the road.
- Continue another 6 miles after passing through the hamlet of Angelus Oaks.
- Turn right on Jenks Lake Road (look for our sign). If you see signs for Seven Oaks, you have passed the turn-off (gone too far).
- Continue on Jenks Lake Road about 1 mile to the camp entrance.
- Turn right into the camp entrance (you'll see another one of our signs).
Congratulations! You've made it to camp.
- If you get lost on the way, please call the camp for directions at (909) 794-2928.



ACA INTERGROUP
Attn: FALL MOUNTAIN RETREAT
P.O. Box 10683
Santa Ana, CA 92711-0683

TEMP - RETURN SERVICE REQUESTED