



This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes. Searched for "**telephone Meetings**" Printed on 2018-Aug-16

Day/Time	Meeting Name Type Focus	Address and Other Info
Sunday 12:00 am	Insomniacs (ID Papers) (TEL0296) (English) - Open to all Discussion, Book Study	712-432-3900 Conference ID 664450#, telephone Telephone, This meeting uses the ID Papers and Appendix A, the focus and method of recovery of ACA.
Sunday 05:45 am	Become Your Own Loving Parent (TEL040) (English) - Open to all, Discussion, Book Study, Need Moderators	712-432-3900 pin: code 247125#, Telephone, Meeting Time Is Eastern Time
Sunday 07:00 AM	(TEL012) (English) - Open to all Discussion, Step 11 Meditation	712-432-0075 Pin 871076, , Ten Minute Meditation During 1st Half Hour
Sunday 08:15 am	ACA Schematic & Appendix A (TEL169) (English) - Open to all, Discussion,	712-432-8808; conference ID 313151#, Telephone, Meeting Runs For 1 Hour. Press * For Menu
Sunday 09:00 AM	Adult Children With Children (TEL150) (English) - Open to all Discussion	7124328808 pin number 372957#, Telephone, Telephone
Sunday 09:00 am	(TEL0372) (English) - Men Only Book Study	302-202-1108, Alabama, call contact person(s) for pin. Chuck@ 229-563-7876 or Mike @ 561-632-0451
Sunday 09:00 am	Adult Child Recovery (TEL0313) (English) - Closed Meeting/ACA's only Fellowship Text	712-432-8808 Access code 324515#, telephone Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Sunday 09:00 AM	Emotional Sobriety (TEL055) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Meeting Time Is Eastern Time.
Sunday 11:45 AM	A Safe Place For You (TEL006) (English) - Beginners Discussion	712-432-0075, Access code 871076#, Telephone, *6 to mute and unmute.
Sunday 02:00 PM	The Solution (TEL243) (English) - Open to all What We Use To Dissociate	712 770 4160 ACCESS CODE # 813234, Telephone, THIS MEETING IS HELD ONLY ON THE SECOND SUNDAY OF THE MONTH Take note: THE ACCESS CODE HAS CHANGED TO # 813234

Sunday 03:00 pm	ACA In The Solution Laundry List 4x4 (TEL0303) (English) - Closed Meeting/ACA's only Book Study, Laundry List 4x4	712-432-8808 Access Code 2473653#, Telephone Telephone, None ACA In The Solution Laundry List 4x4 - Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information.
Sunday 04:00 PM	The Solution (TEL210) (English) - Open to all Chapter 8 Red Book	712 770 4160 ACCESS CODE #813234, Telephone, THIS MEETING IS HELD ON LY ON THE SECOND SUNDAY OF THE MONTH Take note: THE ACCESS CODE HAS CHANGED TO # 813234
Sunday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0348) (English) - Open to all, Safety protocol in effect by group conscience Discussion, Book Study, Fellowship Text, Strengthening My Recovery studying 4X4 Laundry List	712-432-8808 Access Code 2473654, Telephone Telephone, Telephone Access Code 2473654#
Sunday 05:00 PM	The Solution (TEL232) (English) - Open to all Speaker, Rotating Topics	712 770 4160 ACCESS CODE #813234, Telephone, THIS MEETING IS HELD ONLY ON THE SECOND SUNDAY OF THE MONTH Take note: THE ACCESS CODE HAS CHANGED TO # 813234
Sunday 05:45 PM	Loving Parent First (TEL244) (1) - Discussion, Fellowship Text, Book Study	712-432-8808; access code 222545#, , Press * For Menu
Sunday 06:00 pm	Sunday Phone Meeting (TEL0337) (English) - ACAs only (Closed) Book Study	., Telephone, Australian Red Book Study Meeting Phone 02 40229115 Access code 797576 If you are new please call in 5 minutes earlier, so we can get to know you. Thanks Ron
Sunday 06:00 pm	Yellow Workbook Step Study (TEL0360) (English) - ACAs only (Closed), Closed meeting for ACAs only. Discussion, Book Study, Yellow Workbook Steps	712-432-8808 Access Code 2473656#, telephone CA, telephone Safety protocols in place to keep our meeting safe; dashboard used only as needed.
Sunday 07:00 pm	(TEL0370) (English) - ACAs only (Closed), Discussion,	712-440-770-4010 to join meeting. Access code is 668477#, California, Blameless recovery for Adult Children. Focus on moving from blame to acceptance as we heal our wounds and trauma experienced in our family of origin. Contact Dan H. at 619-807-2544 for further information.
Sunday 07:00 PM	Aca Identity Papers Meeting (TEL225) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,
Sunday 07:00 pm	(TEL0325) (English) - Beginners, ACAs only (Closed) Discussion, Fellowship Text, Book Study	712-770-4010 Access Code 668477#, Telephone Telephone, Blameless Recovery For Adult Children of Alcoholics and Children of Otherwise Dysfunctional families ACA Fellowship Text and Tony A. Laundry List Book reading and discussion. Dashboard Safety protocols in place to uphold the ACA Traditions. Callers must disable call blocking features in order to attend. Closed meeting open only to those actively seeking a blameless recovery.

Sunday 07:00 pm	Greater New York Intergroup Monthly Speaker Meeting (TEL0343) (English) - Open to all Speaker, Steps	641.715.3655 access code 878556#, Greater New York NY, 10473 The chairperson shares for 10 minutes on a recovery topic. Then one or two ACA speakers share for a total of 20 minutes. This is followed by open sharing among the group members. The speaker qualification portions of the meetings will be recorded for later access of experience, strength, and hope. Open shares WILL NOT be recorded. LAST SUNDAY OF MONTH
Sunday 10:00 PM	Nuevos Caminos (new Ways (TEL125) (Spanish) - Open to all DEL 6 AL 12 PASO - THEME: 6 TO 12 STEPS	Conference Phone Numeber 641-715-3272 code 637678# and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Sunday 10:00 pm	Chapter 15 (TEL272) (English) - Open to all, Discussion, Fellowship Text, Book Study, Needs Support,	712 432 8808 Access Code 247365#, Telephone Meeting Telephone Meeting, Telephone Meeti Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Sunday 11:11 pm	11th Step Study Group (TEL209) (English) - Open to all Discussion, Speaker, Steps, Book Study	712-432-8808 Access code 111111#, Telephone, Meeting opens and closes w 3min of meditation and we have a 5min group meditation at 11:45
Monday 05:45 am	Become Your Own Loving Parent (TEL045) (English/Navajo) - Open to all, Discussion, Book Study,	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Monday 07:00 AM	Laundry List 4 X 4 (TEL008) (English) - Open to all Discussion, Book Study, Fellowship Text After 1 (14 Wk)cycle Vote To Keep/change 4x4 Formt	712-432-0075 Pin 871076#, telephone, Telephone
Monday 08:15 am	ACA Schematic & Appendix A (TEL170) (English) - Open to all, Discussion,	712-432-8808; conference ID 313151#, Telephone, Meeting Runs For 1 Hour. Press * For Menu
Monday 09:00 am	Adult Child In Recovery (TEL0314) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Monday 09:00 AM	Emotional Sobriety (TEL054) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Meeting Time Is Eastern Time
Monday 09:30 am	Taking Our Program to Work (TEL015) (English) - Open to all, Discussion, Fellowship Text, Book Study, Chapter 14 Taking Our Program to Work	Phonebridge 712-432-0075 pin is 871076#, Telephone, *6 to mute and unmute, *2 to find out participant count Mondays USA Eastern Time 9:30 to 11am All Are Welcome Even If You Don't Have a Job

Monday 11:00 am	The First Line (TEL0284) (English) - Open to all BRB Ch. 8 - The solution is to become your own loving parent	712-432-8808 Access Code 2220900, Telephone Telephone, 0000 Monday, 11:00 am Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line number. 712-432-8808 Access Code 2220900
Monday 12:00 pm	A Safe Place For You (TEL193) (English) - Open to all, Discussion, Fellowship Text,	712-432-8808; conference, Telephone, Chapters 6, 8, 10, And Appendix A
Monday 12:00 pm	A Safe Place At Noon (TEL0326) (English) - Open to all Book Study	Dial (712) 432-8808, PIN 87107612#, Telephone Telephone, Telephone .
Monday 12:00 pm	FINDING WHOLENESS THROUGH INDEPENDENCE: The Paradox of Independence (TEL0332) (English) - ACAs only (Closed) Trauma effects Recovery work	712-432-3900 Pin 157090#, Telephone, "Stage Two and Stage Three recovery work..."(BRB. p. xxix)
Monday 12:00 PM	Trauma Recovery (TEL039) (1) - Open to all Discussion Trauma Recovery Using The Identity Papers	712 432 3900 pin 278777#, , *6 Mute,* 7 Unmute
Monday 01:45 pm	Big Red Book Study (TEL176) (English) - Discussion, Book Study,	712 432 8808 Pin: 641892#, , Telephone
Monday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL108) (English) - Open to all, Discussion, Book Study, Steps,	712-432-8808; Conference Code 2473653#, Telephone, Safety protocols to uphold the Traditions
Monday 03:00 PM	Laundry List 4 X 4 (TEL109) (English) - Closed Meeting/ACA's only Discussion, Book Study, 4 Laundry List	712-432-8808; conference code# 2473653#, Telephone, Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 for further information.
Monday 03:00 pm	The One Trait at a Time Group (TEL0353) (English) - ACAs only (Closed) Discussion, Study of the Laundry Lists Workbook integrating Our Laundry Lists Traits	712 432-8808 9991#, TELEPHONE California, TELEPHONE Safety protocols in place to keep our meeting safe; and an activity dashboard.
Monday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) (English) - Open to all Discussion, Book Study, Fellowship Text, Recovery Please list this meeting each day of the week on the Phone Meeting List	712-432-8808 Access Code 2473654, Telephone Telephone, Telephone Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year
Monday 05:00 pm	Identity 2 (TEL0340) (English) - Fellowship Text	712-432-3900 ID #411175, . . . If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book, Trauma Recovery , and Emotional Sobriety which includes current situations that are recreating the stored Trauma.
Monday 05:45 PM	Loving Parent First (TEL245) (1) - Discussion, Fellowship Text, Book Study	712-432-8808; access code 222545#, , Press * For Menu
Monday 07:00 PM	Aca Identity Papers Meeting (TEL226) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,

Monday 07:00 pm	Ready Set GO!! (TEL0310) (English) - ACAs only (Closed) Steps Sharing time is limited.	, , 1-712-451-0695 Access Code: 177289# Join online meeting: https://join.freeconferencecall.com/acatoni5617 Insert your name and email click Join Ready Set GO!! Meetings are closed meetings for introducing the ACA 12 Steps and the ACA program over a 4 week period. Go to: www.westgreatlakesaca.org Go to: Global News and click: Ready Set GO!! Print only pages 25-107 for the meetings. If you choose to follow along with screen sharing there will be not need to print out the the material. Welcome to attend if you do not have access to a computer. Suggested consecutive 4 meetings attendance for more benefits. Week 1: Introduction, Steps 1, 2, 3, Week 2: 4 & 5, Week 3: 6, 7, 8, 9, Week 4: 10, 11,12. Four Mondays each session: Session 1: Aug. 6, 13, 20, 27, 2018. Session 2: Sept 10, 17, 24, Oct 1, 2018. Session 3: Oct. 8, 15, 22, 29, 2018 @ 7:00pm-8:30 CENTRAL STANDARD TIME 8:30pm-9:00 CENTRAL STANDARD TIME Extended Time: Sharing Partners Volunteers/ Phone and/or Email Exchange/Safe Sharing Time/and Q & A
Monday 09:00 pm	safe on monday (TEL0368) (english) - Discussion, Book Study,	712 432-8808 pin: 2221212# , California, 91040 open participation *1 to mute and unmute 9:00 pm EST
Monday 09:00 PM	ACA Identity Papers Meeting (TEL233) (English) - Discussion	712-432-8808; Conference ID 222363#, Telephone, *1 to mute/unmute
Monday 09:00 PM	ACA Men's Meeting (TEL264) (English) - Men Only Discussion Steve in Charge of Meeting	, Telephone, ACA Men's Meeting- Contact Scott 973.868.3075 for conference ID code, Mens Meeting 712-432-8808.
Monday 10:00 PM	Nuevos Caminos (TEL135) (Spanish) - Open to all NIÑOS ADULTOS CON HIJOS THEME: ADULT CHILDREN WITH CHILDREN	+1 641-715-3272 Dial Code 637678# and 1, Telephone, Todos los Dias 10pm y Sabado a 12pm Every day 22pm and Saturday 12pm Hora Este Estandar de USA (Nueva York)-US Standard Time
Monday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0298) (English) - Open to all,	712 432 8808 Access Code 247365#, TELEPHONE TELEPHONE, TELEPHONE Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Tuesday 05:45 am	Become Your Own Loving Parent (TEL049) (English) - Open to all, Discussion, Book Study,	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Tuesday 07:00 AM	Laundry List 4 X 4 Workbook Meeting (TEL107) (English) - Open to all Discussion	712-432-0075; conference code 871076#., Telephone, .
Tuesday 08:15 am	ACA Schematic & Appendix A (TEL171) (English) - Open to all, Discussion, Book Study,	712-432-8808; conference ID 313151#, Telephone, Press * For Menu
Tuesday 09:00 am	Adult Child In Recovery (TEL0315) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.

Tuesday 09:00 AM	Emotional Sobriety (TEL053) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Meeting Eastern Standard Time
Tuesday 11:00 am	The First Line (TEL0364) (English) - Open to all BRB Ch. 8 - The solution is to become your own loving parent. 712-432-8808 access code 2220900	712-432-8808 access code 2220900, Telephone Telephone, Telephone note: calls from blocked numbers will not have access to the meeting. If your number is blocked you will have to dial *82 and then the telephone number to get into the room. SAFETY protocols will be in place during the meeting and the after-meeting fellowship time.
Tuesday 12:00 pm	A Safe Place At Noon (TEL0321) (English) - Open to all Book Study	(712) 432-8808 Conference ID 87107612#, Telephone Telephone, Telephone Safety Policy and Moderator Guidelines in place.
Tuesday 01:45 PM	Big Red Book Study (TEL178) (English) - Discussion, Fellowship Text, Book Study	712-432-8808 PIN 641892#, , Telephone
Tuesday 03:00 PM	(TEL110) (English) - Open to all Discussion, Book Study, 4 Laundry Lists	712-432-8808; conference code 494#, Telephone, N/A
Tuesday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0305) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text, 4X4 Laundry List Traits Safety protocols to uphold the Traditions	712-432-8808 Conference Code 2473653#, Telephone Telephone, ACA In The Solution Laundry List 4x4 - Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information.
Tuesday 03:00 pm	The One Trait at a Time Group (TEL0354) (English) - ACAs only (Closed) Discussion, Study of the Laundry Lists Workbook integrating Our Laundry Lists Traits	712 432-8808 9991#, TELEPHONE California, TELEPHONE Safety protocols in place to keep our meeting safe; and an activity dashboard.
Tuesday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0350) (English) - Open to all Discussion, Book Study, Fellowship Text	712-432-8808 Access Code 2473654, Telephone Telephone, Telephone 7 days a week, 365 days a year. Safety protocols in effect by group conscience
Tuesday 05:00 pm	Identity 2 (TEL0341) (English) - Open to all, Discussion, Fellowship Text,	712-432-3900 ID #411175, If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Tuesday 05:45 PM	Loving Parent First (TEL246) (1) - Discussion, Fellowship Text, Book Study	712-432-8808; access code 222545#, , Press * For Menu
Tuesday 06:00 PM	Yellow Workbook Step Meeting (TEL118) (English) - Closed Meeting/ACA's only Discussion, Book Study, Yellow Workbook Steps	712-432-8808; PIN code 2473656#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Dial in 712-432-8808 Access code 2473656#
Tuesday 07:00 PM	Aca Identity Papers Meeting (TEL227) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,
Tuesday 07:30 pm	Tuesday Night Taking Our Program to Work (TEL367) (english) - ACAs only (Closed), Discussion, Book Study,	712-432-3900 Conference ID 101245#, telephone Telephone, telephone We will read from the Big Red Book and other ACA Laundry List Materials.
Tuesday 09:00 PM	ACA Identity Papers Meeting (TEL234) (English) - Discussion	712-432-8808; Conference ID 222363#, Telephone, *1 to mute/unmute

Tuesday 10:00 PM	Nuevos Caminos (TEL144) (Spanish) - Open to all MEDITACIONES DIARIAS Y BIENVENIDO A ACA	CONFERENCE PHONE # 641-715-3272 CODIGO 637678 # and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Standard Time (Neuvo York)
Tuesday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0295) (English) - Open to all, Discussion, Fellowship Text, Book Study, Chapter 15 in big red book	712-432-8808 Access Code 247365#, TELEPHONE TELEPHONE, TELEPHONE Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Wednesday 05:45 AM	Become Your Own Loving Parent (TEL048) (English) - Open to all Discussion, Book Study, Excerps Chapter 8	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Wednesday 07:00 AM	Traditions Meeting (TEL157) (English) - Open to all Discussion, Fellowship Text	712-432-0075 pin # 871076#, Telephone, N/A
Wednesday 08:00 AM	Yellow Wkbk Steps 1 2 & 3 (TEL172) (English) - Open to all Discussion, Steps	712-432-8808; conference ID 871076#, Telephone, Telephone
Wednesday 09:00 am	Adult Child In Recovery (TEL0316) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text This is a safe meeting	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Wednesday 09:00 AM	Emotional Sobriety (TEL052) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Telephone
Wednesday 11:00 am	The First Line (TEL0282) (English) - Open to all, Discussion, Fellowship Text, Chapters 8 and 15 of the Big Red Book.	712-432-8808 Access Code 2220900, telephone telephone, telephone This meeting operates a dashboard. Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line.
Wednesday 12:00 pm	A Safe Place For You (TEL195) (English) - Open to all, Discussion, Fellowship Text,	712-432-8808; conference, Telephone, Chapters 6, 8, 10, And Appendix A
Wednesday 12:00 pm	A Safe Place At Noon (TEL0322) (English) - Open to all Book Study	(712) 432-8808 Conference ID 87107612#, Telephone Telephone, Telephone Safety Policy and Moderator Guidelines in place.
Wednesday 12:15 pm	Australian Wednesday Phone Meeting (TEL0352) (English) - Book Study, Steps	02-80770505 Access code.....358270, Brisbane Qld, 4000 This is an Australian phone meeting, studying the big red book, steps and traditions. The meeting runs from 12.15-1.45pm Brisbane, Australia time. (Please note, Brisbane does not have daylight saving.) Any questions, please Phone/email the contact person.
Wednesday 01:45 PM	Big Red Book Study (TEL177) (English) - Open to all Discussion, Book Study	712 432 8808 Pin: 641892#, Telephone, Telephone
Wednesday 03:00 PM	Laundry List 4 X 4 (TEL111) (English) - Open to all Discussion, Book Study, 4 Laundry Lists	712-432-8808; conference code 494#, Telephone, N/A

Wednesday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0306) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text Safety protocols to uphold the Traditions	712-432-8808 The access code is: 2473653 #, Telephone, ACA In The Solution Laundry List 4x4 - Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information.
Wednesday 03:00 pm	The One Trait at a Time Group (TEL0355) (English) - ACAs only (Closed) Discussion, Study of the Laundry Lists Workbook integrating Our Laundry Lists Traits	712 432-8808 9991#, TELEPHONE California, TELEPHONE Safety protocols in place to keep our meeting safe; and an activity dashboard.
Wednesday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0345) (English) - Open to all Discussion, Book Study, Fellowship Text	712-432-8808 Access Code 2473654#, telephone telephone, telephone meets 7 days a week, 365 days a year Safety protocols in effect by Group Conscience
Wednesday 05:00 pm	Identity 2 (TEL0333) (English) - Fellowship Text	712-432-3900 ID #411175, . . . If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Wednesday 06:30 pm	Whole Here & Now (TEL0363) (English) - Beginners, LGBT, Open to all Discussion, Book Study, Speaker, Steps, Workshop	(605) 472-5303, 150386 PIN, Telephone Telephone, See Global Fellowship-Immigrants / African Diaspora / People of Color / Latinx / Socially Mobile
Wednesday 07:00 PM	Aca Identity Papers Meeting (TEL228) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,
Wednesday 07:30 pm	Tagesmeditation Meeting (TEL0373) (German) - ACAs only (Closed),	, , Einwahl per Telefon: Einwahlnummer aus Deutschland: 0221 98203457 Zugangscode: 745532 Internationale Einwahlnummern findet ihr auf der Website: www.freeconferencecall.com/de/de Kosten: Ortsgespräch oder nichts, wenn ihr eine Flatrate habt Einwahl über Computer: Die Einwahl per Computer ist kostenfrei, wenn ihr WLAN-Zugang habt. Dies ist der Link zur Einwahl am Computer: https://join.freeconferencecall.com/acadeutschland
Wednesday 08:00 PM	Acas And Food Addiction (TEL241) (English) - Open to all Discussion, Round Robin Topic	641-715-3277, Telephone, Pin 589425#
Wednesday 09:00 PM	Mens Meeting (TEL151) (English) - ACAs only (Closed) Discussion, Fellowship Text	712-432-8808., Telephone, ACA Men's Meeting - Contact Michael (404-274-0613) for conference ID code, Mens Meeting 712-432-8808.
Wednesday 09:00 pm	(TEL0371) (English) - Open to All, Discussion,	712 432-8808 pin: 2221212# , California, come one, come all! Members are unmuted entering the group. *1 to unmute, and *1 to remute. Open participation For info: Jerry 818 747-9167 9:00 PM EST
Wednesday 09:00 PM	ACA Identity Papers Meeting (TEL235) (English) - Discussion	712-432-8808; Conference ID 222363#, Telephone, *1 to mute/unmute

Wednesday 10:00 PM	Nuevos Caminos (new Ways (TEL122) (Spanish) - Open to all 4 PASO	Conference Phone Numeber 641-715-3272 code 637678# and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Wednesday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0294) (English) - Open to all, Discussion, Fellowship Text, Steps,	712-432-8808 Access Code 247365#, TELEPHONE TELEPHONE, TELEPHONE Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Thursday 05:45 am	Become Your Own Loving Parent (TEL047) (English) - Open to all, Discussion, Book Study,	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Thursday 07:00 AM	Identity Papers & Appendix A (TEL031) (Afrikaans) - Open to all Discussion, Book Study, Identity Papers/appendix A	7124320075 Access Code 871076 (EST), Telephone, You Come On Muted. Press *6 To Unmute And Speak
Thursday 08:15 AM	Recovering/healing From Trauma (TEL173) (English) - Open to all Discussion Basic 5 Daily Needs-6 Essential Tasks Acaschematic	712-432-8808 pin 211345, Telephone, Eastern Standard Time
Thursday 09:00 am	Adult Child In Recovery (TEL0317) (English) - Closed Meeting/ACA's only Discussion This is a safe meeting	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Thursday 09:00 AM	Emotional Sobriety (TEL058) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Telephone
Thursday 10:30 am	ACA's and Compulsive Eating (TEL0328) (English) - Open to all Discussion	712-432-3900 Access Code 331550#, Telephone Telephone, . Uses ACA Literature
Thursday 11:00 am	The First Line (TEL0362) (English) - Open to all Discussion, The first line of the solution, The solution is to become your own loving parent.	712-432-8808 access code 2220900, telephone telephone, telephone Blocked numbers will not have access to the room. If your number is blocked you will have to dial *82 before the telephone number to release your number.
Thursday 12:00 pm	A Safe Place For You (TEL196) (English) - Open to all, Discussion, Fellowship Text,	712-432-8808; conference, Telephone, Chapters 6, 8, 10, And Appendix A
Thursday 12:00 pm	A Safe Place At Noon (TEL0323) (English) - Open to all Book Study	(712) 432-8808 Conference ID 87107612#, Telephone Telephone, Telephone Safety Policy and Moderator Guidelines in place.
Thursday 01:45 pm	Big Red Book Study (TEL0336) (English) - Open to all Book Study	712 432-8808 Conference Code 641892#, TELEPHONE TELEPHONE, TELEPHONE .
Thursday 03:00 PM	Laundry List 4 X 4 (TEL112) (English) - Open to all Discussion, Book Study, 4 Laundry Lists	712-432-8808; conference code 494#, Telephone, N/A

Thursday 03:00 pm	(TEL0307) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text Safety protocols to uphold the Traditions	712-432-8808 The access code is: 2473653 #, Telephone, ACA In The Solution Laundry List 4x4 - Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information.
Thursday 03:00 pm	The One Trait at a Time Group (TEL0356) (English) - ACAs only (Closed) Discussion, Study of the Laundry Lists Workbook integrating Our Laundry Lists Traits	712 432-8808 9991#, TELEPHONE California, TELEPHONE Safety protocols in place to keep our meeting safe; and an activity dashboard.
Thursday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0347) (English) - Open to all, Safety protocols in effect by group conscience Discussion, Book Study, Fellowship Text, Strengthening My Recovery studying the 4X4 Laundry List New	712-432-8808 Access Code 2473654, Telephone Telephone, Telephone .
Thursday 05:00 pm	Identity 2 (TEL0342) (English) - Fellowship Text	712-432-3900 ID #411175, . . . If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Thursday 06:00 pm	Yellow Workbook Step Study (TEL0361) (English) - ACAs only (Closed), Discussion, Book Study,	712-432-8808 Access code 2473656#, telephone CA, telephone Safety protocols in place to keep our meeting safe; dashboard used only as needed.
Thursday 07:00 PM	Aca Identity Papers Meeting (TEL229) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,
Thursday 09:00 pm	(TEL0311) (English) - ACAs only (Closed) Discussion, Book Study, Steps	712-770-4010, Access Code: 668477 #, California, 92075 A study of the 12 steps of ACOA. A step study and discussion group focused on the 12 steps of ACOA offered to ACA by Tony A in 1991 in Orlando Florida at the ACA Convention. The book The Laundry List: The ACOA Experience is the approved ACA literature we will read from. Dashboard Safety protocols in place to uphold the ACA Traditions. Anonymous callers will be blocked from this meeting. 712-770-4010, Access Code: 668477 #
Thursday 09:00 PM	ACA Identity Papers Meeting (TEL236) (English) - Discussion	712-432-8808; Conference ID 222363#, Telephone, *1 to mute/unmute
Thursday 10:00 PM	Nuevos Caminos (new Ways (TEL123) (Spanish) - Open to all SOBRIEDAD EMOCIONAL	Conference Phone Numeber 641-715-3272 code 637678# and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)

Thursday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0293) (English) - Open to all, Discussion, Fellowship Text, Book Study, Steps,	712-432-8808 Access Code 247365#, TELEPHONE TELEPHONE, TELEPHONE Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Thursday 11:15 pm	Healing Yourself and Your Relationships (TEL0302) (English) - Open to all Fellowship Text	Pin code 718707#, Telephone Telephone, 93720 Call 712-432-3900
Friday 05:45 am	Become Your Own Loving Parent (TEL046) (English) - Open to all Discussion, Book Study, Chapter 8 The Solution	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Friday 07:00 am	Friday Morning Rotating Topic (TEL023) (English) - Open to all, Discussion, Fellowship Text, Book Study, Steps,	712-432-0075 Pin 871076#, Telephone Telephone, Wk1-Step, Wk2 Solution,wk3 Basic 5 Needs, Wk4: Promises of the Month, Wk5: Speaker with 15 Minute Share
Friday 09:00 am	Adult Child In Recovery (TEL0318) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text Safe Meeting	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Friday 09:00 AM	Emotional Sobriety (TEL051) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Meeting Eastern Standard Time
Friday 11:00 am	The First Line (TEL0285) (English) - Open to all BRB Ch. 8 - The solution is to become your own loving parent	712-432-8808 Access Code 2220900, Telephone Telephone, . Monday, 11:00 am Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line number.
Friday 12:00 pm	A Safe Place For You (TEL197) (English) - Open to all, Discussion, Fellowship Text,	712-432-8808; conference ID 2772#, Telephone, Chapters 6, 8, 10, And Appendix A
Friday 12:00 pm	A Safe Place At Noon (TEL0324) (English) - Open to all Book Study	(712) 432-8808 Conference ID 87107612#, Telephone Telephone, Telephone Safety Policy and Moderator Guidelines in place.
Friday 01:45 pm	Big Red Book Study (TEL175) (English) - Discussion, Fellowship Text, Book Study,	712 432 8808 Pin: 641892#, , Telephone
Friday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0308) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text Safety protocols to uphold the Traditions	712-432-8808 The access code is: 2473653 #, Telephone, TACA In The Solution Laundry List 4x4-Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information. The telephone number is: 712-432-8808 The access code is: 2473653 #
Friday 03:00 pm	The One Trait at a Time Group (TEL0357) (English) - ACAs only (Closed) Discussion, Study of the Laundry Lists Workbook integrating Our Laundry Lists Traits	712 432-8808 9991#, TELEPHONE California, TELEPHONE Safety protocols in place to keep our meeting safe; and an activity dashboard.

Friday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0346) (English) - Open to all, Safety protocol in effect by group conscience Discussion, Book Study, Fellowship Text, Strengthening My Recovery by studyig 4X4 Laundry List NEW	712-432-8808 Access Code 2473654, Telephone Telephone, Telephone Access Code 2473654#
Friday 05:00 pm	Identity 2 (TEL0334) (English) - Fellowship Text	712-432-3900 ID #411175, . . . If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Friday 06:00 pm	Yellow Workbook Step Study (TEL0366) (English) - ACAs only (Closed) Discussion, Book Study, Yellow Workbook Steps	712-432-8808 Access Code 2473656#, Telephone Telephone, Telephone Yellow Workbook Step Study - Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed,
Friday 07:00 PM	Aca Identity Papers Meeting (TEL230) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,
Friday 08:00 pm	ACO's In The Solution (TEL0301) (English) - Closed Meeting/ACA's only Discussion, Workshop	712-770-4010 The access code is: 668477#, Telephone Telephone, Acas In The Solution Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 for further information.
Friday 08:30 pm	ACA laundry List Workbook (TEL0297) (English) - Open to all Discussion, Book Study	515-739-1020, Telephone Telephone, 76101 Conference code #125624 30 Minute Meeting Only
Friday 09:00 pm	(TEL0329) (English) - Beginners, ACAs only (Closed) Discussion, Book Study, Fellowship Text, Steps	., telephone ., .
Friday 10:00 PM	Nuevos Caminos (new Ways (TEL124) (Spanish) - Open to all LOS 14 RASGOS DE LA ENFERMEDAD.	Conference Phone Numeber 641-715-3272 code 637678# and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Friday 10:00 pm	(TEL0339) (English) - Open to all, Fellowship Text, Book Study, Speaker,	712 432 8808 Access Code 247365#, Telephone Meeting Telephone Meeting, Telephone Meeti Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Friday 11:11 pm	11th Step Study (TEL208) (English) - Open to all Discussion, Steps, Book Study	712-432-8808 Access code 111111#, Telephone, Meeting opens and closes w 3min of meditation and we have a 5min group meditation at 11:45
Saturday 05:45 am	Become Your Own Loving Parent (TEL044) (English) - Open to all, Discussion, Book Study, Need Moderators	712-432-3900; conference code 247125#, Telephone, Meeting Time Is Eastern Time
Saturday 07:00 am	Mens Meeting (TEL133) (English) - Men Discussion, Selected Topics	712-432-8808., Telephone, ACA Men's Meeting - Contact Dan H (619) 807-2544 for conference ID code, Mens Meeting 712-432-8808.

Saturday 07:00 AM	7 Am Womens Meeting (TEL029) (English) - Women, Women Only Discussion, Steps, Book Study, Fellowship Text	., Telephone, Email meeting contact, Mary Ann, at luvscats1197@yahoo.com for her phone number. She will call you back with the meeting phone number and pin. The meeting contact information can only be shared voice to voice and cannot be emailed, left on a voicemail, nor texted.
Saturday 09:00 am	Adult Child In Recovery (TEL0319) (English) - Open to all Discussion, Fellowship Text	712-432-8808 Access Code 324515#, Telephone, Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Saturday 09:00 AM	Emotional Sobriety (TEL050) (English) - Open to all Discussion, Book Study, Chapter 7—12 Steps	712-432-8808; conference ID 222926#, Telephone, Meeting Time Is Eastern Time
Saturday 12:00 PM	Saturday Identity Papers Mtg (TEL077) (English) - Open to all Discussion, Book Study, Fellowship Text Business Mtg. 1st Sat. Of Month.	712-432-3900 Conference ID 132204#, Telephone, Trauma Recovery Using The Identity Papers
Saturday 12:00 PM	Nuevos Caminos (TEL160) (Spanish) - Open to all LA SOLUCIÓN. Reunion Telefonica En Habla Hispana	Conference phone number 641-715-3272 code 637678# and 1, Telephone, Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York) SATURDAY 10PM GRUPO DEL TEL 160 TEMA: LOS CINCO BÁSICOS
Saturday 01:30 pm	Action & work that heals (TEL0287) (English) - ACAs only (Closed), Introductions required Discussion, Book Study, Fellowship Text, Steps	Access Code 621382#, Telephone Ca, Telephone 712-775-7035
Saturday 03:00 PM	Laundry List 4 X 4 (TEL114) (English) - Open to all Discussion, Book Study, 4 Laundry Lists	712-432-8808; conference code 494#, Telephone, N/A
Saturday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0309) (English) - Closed Meeting/ACA's only Discussion, Fellowship Text Safety protocols to uphold the Traditions	712-432-8808 The access code is: 2473653 #, Telephone, ACA In The Solution Laundry List 4x4" - Safety protocols to uphold the Traditions, 712-432-8808 Access Code 2473653# Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 or Mark @ 973-207-5775 for further information.
Saturday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0349) (English) - Open to all Discussion, Book Study, Fellowship Text Safety protocal in effect through group conscience	712-432-8808 Access Code 2473654#, Telephone Telephone, Telephone .
Saturday 06:00 pm	ACA Healing Through Music (TEL0312) (English) - Men, Women, Beginners, Gay/Lesbian, LGBT, ACAs only (Closed) Discussion, Book Study, Fellowship Text, Steps, Workshop	., Sydney Telephone, 2207 (US 515-739-1020) (UK 0330-088-1602) (Australia 2-8077-0506) Access Code 157388# Regardless Whether Alcohol Was A factor in the Home.
Saturday 07:00 PM	Aca Identity Papers Meeting (TEL231) (1) - Discussion	712-775-7031 Conference ID: 680696303#, ,

Saturday 08:00 PM	Acas In The Solution (TEL207) (English) - Closed Meeting/ACA's only Discussion, Workshop	712-770-4010 The access code is: 668477#, Telephone, Acas In The Solution Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 for further information.
Saturday 09:00 pm	(TEL0330) (English) - Beginners, ACAs only (Closed) Discussion, Book Study, Fellowship Text, Steps	, , . . .
Saturday 10:00 pm	(TEL0338) (English) - Open to all, Discussion, Fellowship Text, Steps,	712 432 8808 Access Code 247365#, Telephone Meeting Telephone Meeting, Telephone Meeti Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.