

# ACA Workshop

## Chapter 8

### “The Next Step”

The Solution:

### **Becoming Your Own Loving Parent**

A Workshop on Learning How to Love Yourself

**May 12<sup>th</sup>, 2018**

Good Shepherd Lutheran Church  
380 North Fairview Ave., Goleta, CA  
Fireside Room

**10:30 am – 1:00 pm sharp**

(please arrive early)

Questions? Email: [ch.8thenextstep@gmail.com](mailto:ch.8thenextstep@gmail.com)

Please R.S.V.P. so we can be prepared with enough materials for everyone.

Suggested donation: \$5 (workshop, materials, room)

**NO ONE WILL BE TURNED AWAY FOR LACK OF DONATION. PLEASE COME.**

Fellowship carpooling recommended.

Consider staying after the workshop for fellowship and discussion about the workshop.