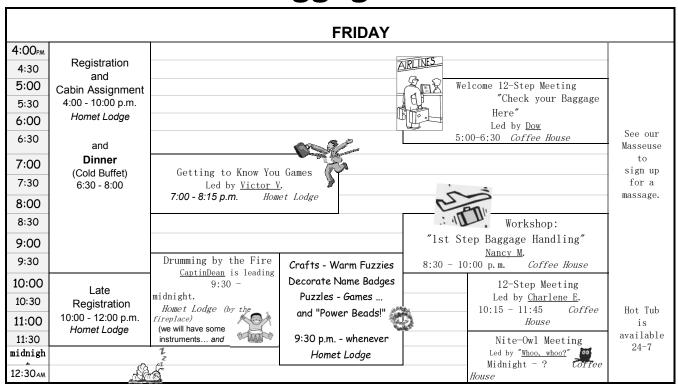
## 2014 FALL MOUNTAIN RETREAT

This year's theme:

## Baggage Claim



**SATURDAY Morning & Afternoon** 

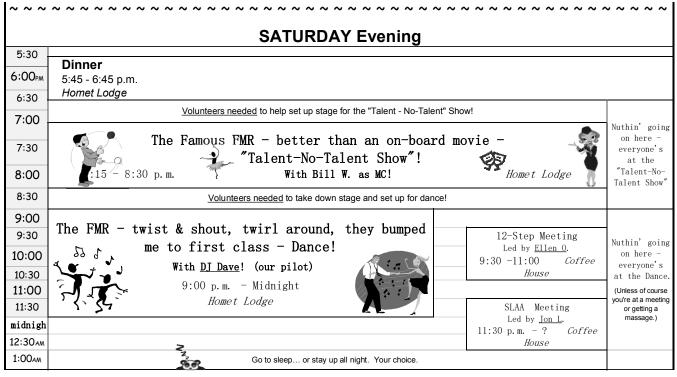
SATURDAY Morning & Afternoon						
7:00 <sub>AM</sub> 7:30 <b>8:00</b>		Women's ACA Meeting Led by <u>Ann F</u> . 7:00–8:30 a.m. <i>Coffee House</i>	Men's ACA Meeting Led by <u>Rick S</u> 7:00 - 8:30 a.m. <i>Library</i>	For l	Massages	
8:30 9:00	Breakfast 8:30 - 9:30 a.m. Homet Lodge  Masseuse					
9:30	Workshop: "Behavior	Workshop: "What	's in		up sheet) for ilable	
10:00	Destination Detour Ahead"  Your Baggage?"  available times					
10:30	Burder F. & Denise E.  9:45 - 11:10 Homet  9:45 - 11:10 Coffee House					
11:00	Lodgo	Workshop:	ee nouse		•	
11:30	Workshop: "Grieving Your "Repacking Your Baggage"					
noon	Tai Chi Chih  Celia H.  1:20 - 12:45   Ampitheater  Madeline M.  Tai Chi Chih  Led by Barbara F.  12:00-12:45					
12:30рм	11:20 - 12:45 Ampt theater 11:20 - 12:45 Coffee Basketball Court					
1:00	Lunch					
1:30	1:00 - 2:00 p.m. Homet Lodge					
2:00	Workshop: "Skills to			1:30	Hiking	
2:30	1 Keep		Incest Survivor Meeting Led by Jeannine C.	to	with	
3:00	Your baggage in check	r Beads!" - Archery	2:15 - 3:45 p.m.		"Hiker Jim"	
3:30	<u>,1111 U</u> .	leyball - Ping Pong s - Games - Napping	Coffee House	5:30	20	
4:00	Workshop: "The Promises -	cking your Baggage	12-Step Meeting	Ī	Meet on Lodge	
4:30	Enjoying Your Tri	hatever you want!	Led by <u>Mercedes S</u> .		Deck	
5:00	Michelle B. 4:00 - 5:30 p		4:00 - 5:30 p.m. Coffee House		at 2:00	

## 2014 FALL MOUNTAIN RETREAT

Continued on other side

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Continued from other side



## **SUNDAY**

7:00am 7:30 8:00		Women's ACA Meeting Led by <u>Veronica C</u> . 7:00-8:30 a.m. <i>Coffee House</i>	Men's ACA Meeting  Led by Bill W. 7:00-8:30 a.m. Library				
8:30	Continental Breakfast	Coffee House					
9:00	8:30 - 9:15 a.m. Homet Lodge 9:45 a.m.						
9:30	Your chance to help out with next year's retreat! Homet						
10:00	★ The FMR Closing Circle ★						
10:30	Sharing Our Experience, Strength, & Hope						
11:00	Led by <u>Susan B</u> . 10:00 a.m 11:45 p.m. <i>Homet Lodge</i>						
11:30	10.00 a.m 11.45 p.m. <i>Homet Loage</i>						
noon	Brunch and Raffle! man  Noon - 1:15 p.m. Homet Lodge						
12:30 <sub>PM</sub>							
1:00							
1:30	Help clean up Lodge						
2:00	Help clean up Lodge Pack (You'll have plenty of room in your suitcase now that the excess baggage is gone)  Give Hugs Help Clean up some more Give more Hugs!  (Note: We need to be out of the cabins by 3:00 p.m.)						
2:30							
3:00							
3:30	The "After Everything is Cleaned Up - After You are all Packed up and out of the Cabins - Last Chance to Dump Baggage" Meeting.						
4:00	3:15 - ? Homet Lodge						
4:30	Archev	y, Anyone?	Q				
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