







2014 FALL MOUNTAIN RETREAT

This year's theme:

Baggage Claim

FRIDAY				
4:00PM	Registration and Cabin Assignment 4:00 - 10:00 p.m. <i>Homet Lodge</i>			
4:30				
5:00		Welcome 12-Step Meeting "Check your Baggage Here" Led by <u>Dow</u> 5:00-6:30 <i>Coffee House</i>		
5:30				
6:00				
6:30				
7:00	and Dinner (Cold Buffet) 6:30 - 8:00	Getting to Know You Games Led by <u>Victor V.</u> 7:00 - 8:15 p.m. <i>Homet Lodge</i>		
7:30				
8:00				
8:30		Workshop: "1st Step Baggage Handling" <u>Nancy M.</u> 8:30 - 10:00 p.m. <i>Coffee House</i>		
9:00			See our Masseuse to sign up for a massage.	
9:30	Drumming by the Fire <u>CaptinDean</u> is leading 9:30 - midnight. <i>Homet Lodge (by the fireplace)</i> (we will have some instruments... and 	Crafts - Warm Fuzzies Decorate Name Badges Puzzles - Games ... and "Power Beads!"  9:30 p.m. - whenever <i>Homet Lodge</i>		12-Step Meeting Led by <u>Charlene E.</u> 10:15 - 11:45 <i>Coffee House</i>
10:00				Hot Tub is available 24-7
10:30				
11:00				Nite-Owl Meeting Led by "Who... whoo?"  Midnight - ? <i>Coffee House</i>
11:30				
midnight				
12:30AM				

SATURDAY Morning & Afternoon

7:00AM			Women's ACA Meeting Led by <u>Ann F.</u> 7:00 - 8:30 a.m. <i>Coffee House</i>	Men's ACA Meeting Led by <u>Rick S.</u> 7:00 - 8:30 a.m. <i>Library</i>	For Massages see Masseuse (or sign-up sheet) for available times . . . ↓	
7:30						
8:00	Breakfast 8:30 - 9:30 a.m. <i>Homet Lodge</i>					
8:30						
9:00						
9:30						
10:00		Workshop: "Behavior Destination... Detour Ahead" <u>Werner K.</u> 9:45 - 11:10 <i>Homet Lodge</i>	Workshop: "What's in Your Baggage?" <u>Barbara F. & Denise E.</u> 9:45 - 11:10 <i>Coffee House</i>			
10:30						
11:00						
11:30	Workshop: "Grieving Your Lost Baggage" <u>Celia H.</u> 1:20 - 12:45 <i>Ampitheater</i>		Workshop: "Repacking Your Baggage" <u>Denise E. & Madeline M.</u> 11:20 - 12:45 <i>Coffee</i>	Tai Chi Chih Led by <u>Barbara F.</u> 12:00-12:45 <i>Basketball Court</i>		
noon						
12:30PM						
1:00	Lunch 1:00 - 2:00 p.m. <i>Homet Lodge</i>				Pool Open 1:30 to 5:30 Meet on Lodge Deck at 2:00 	
1:30						
2:00		Workshop: "Skills to Keep Your Baggage in Check" <u>Jill G.</u> 2:15 - 3:45 p.m. <i>Coffee House</i>	Incest Survivor Meeting Led by <u>Jeannine C.</u> 2:15 - 3:45 p.m. <i>Coffee House</i>			
2:30						
3:00						
3:30						
4:00	Workshop: "The Promises - Enjoying Your Trip" <u>Michelle B.</u> 4:00 - 5:30 p.m. <i>Homet Lodge</i>		"Power Beads!" - Archery Volleyball - Ping Pong Puzzles - Games - Napping Checking your Baggage Whatever you want!			
4:30						
5:00			12-Step Meeting Led by <u>Mercedes S.</u> 4:00 - 5:30 p.m. <i>Coffee House</i>			

RETREAT SCHEDULE RETREAT SCHEDULE RETREAT SCHEDULE

2014 FALL MOUNTAIN RETREAT

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SATURDAY Evening

5:30	Dinner		
6:00 ^{PM}	5:45 - 6:45 p.m. <i>Homet Lodge</i>		
6:30	Volunteers needed to help set up stage for the "Talent - No-Talent" Show!		
7:00	The Famous FMR - better than an on-board movie - "Talent-No-Talent Show"!		
7:30		With Bill W. as MC!	<i>Homet Lodge</i>
8:00	:15 - 8:30 p.m.		
8:30	Volunteers needed to take down stage and set up for dance!		
9:00	The FMR - twist & shout, twirl around, they bumped me to first class - Dance!		
9:30	With DJ Dave! (our pilot)		
10:00		9:00 p.m. - Midnight	<i>Homet Lodge</i>
10:30	12-Step Meeting Led by Ellen O. 9:30 - 11:00 <i>Coffee House</i>		
11:00	SLAA Meeting Led by Jon L. 11:30 p.m. - ? <i>Coffee House</i>		
11:30	Nuthin' going on here - everyone's at the "Talent-No-Talent Show"		
midnight	Nuthin' going on here - everyone's at the Dance. (Unless of course you're at a meeting or getting a massage.)		
12:30 ^{AM}	Go to sleep... or stay up all night. Your choice.		
1:00 ^{AM}			

SUNDAY

7:00 ^{AM}	Women's ACA Meeting Led by Veronica C. 7:00-8:30 a.m. <i>Coffee House</i>	Men's ACA Meeting Led by Bill W. 7:00-8:30 a.m. <i>Library</i>
7:30		
8:00		
8:30	Continental Breakfast	
9:00	8:30 - 9:15 a.m. <i>Homet Lodge</i>	
9:30	2015 Retreat Volunteer Meeting 9:45 a.m. Your chance to help out with next year's retreat! <i>Homet</i>	
10:00	✈ The FMR Closing Circle ✈ Sharing Our Experience, Strength, & Hope Led by Susan B. 10:00 a.m. - 11:45 p.m. <i>Homet Lodge</i>	
10:30		
11:00		
11:30		
noon	Brunch... and Raffle!	
12:30 ^{PM}	Noon - 1:15 p.m. <i>Homet Lodge</i>	
1:00		
1:30		
2:00	Help clean up Lodge ~ Pack (You'll have plenty of room in your suitcase now that the excess baggage is gone) ~	
2:30	Give Hugs ~ Help Clean up some more ~ Give more Hugs !	
3:00	(Note: We need to be out of the cabins by 3:00 p.m.)	
3:30	The "After Everything is Cleaned Up - After You are all Packed up and out of the Cabins - Last Chance to Dump Baggage" Meeting.	
4:00	3:15 - ? <i>Homet Lodge</i>	
4:30		
	Archery, Anyone?	

RETREAT SCHEDULE

