






# 2010 FALL MOUNTAIN RETREAT

This year's theme: **Hope - Living in the Promises**

## FRIDAY

4:00PM	Registration and Cabin Assignment 4:00 - 10:00 p.m. <i>Hommet Lodge</i>					
4:30						
5:00				Welcome Meeting Led by <u>Denise E.</u>	Massage Appts Helen 5:00 - 10:00p.m PSWRL	
5:30				5:00-6:30 <i>Coffee House</i>		
6:00						
6:30						
7:00						
7:30		and <b>Dinner</b> (Cold Buffet) 6:30 - 8:00				
8:00			Getting to Know You Games led by <u>Jon E. D.</u>			
8:30			8:00 - 9:30 p.m. <i>Hommet Lodge</i>			
9:00						
9:30						
10:00	Late Registration 10:00 - 12:00 p.m. <i>Hommet Lodge</i>	Crafts / Warm Fuzzies / Decorate Name Badges / Puzzles / Games 9:30 p.m. - whenever <i>Hommet Lodge</i>	Drumming (we will have some instruments) Led by <u>Dean S.</u> 9:45-11:15 p.m. <i>Hommet Lodge (by the fireplace)</i>	Panel & Sharing Mtg. led by <u>Dow P.</u> 9:30-11:00 <i>Library</i>		
10:30						
11:00					Nite-Owl 12-Step Mtg. Led by <u>Dusty L.</u>	
11:30					11:00-12:30 <i>Library</i>	
midnight						
12:30AM						

## SATURDAY Morning & Afternoon

7:00AM		Women's ACA Meeting Led by <u>Cheryl L.</u>	Men's ACA Meeting Led by a volunteer		
7:30		7:00-8:30 a.m. <i>Coffee House</i>	7:00-8:30 a.m. <i>Library</i>		
8:00					
8:30	<b>Breakfast</b> 8:30 - 9:30 <i>Hommet Lodge</i>				
9:00				Massage Appts Helen 9:00 a.m. - 1:00 p.m. PSWRL	
9:30	The WEB An Interactive Workshop of Hope in Interconnectivity <u>Denise E.</u> 9:45 - 11:00 a.m. <i>Hommet Lodge</i> 				
10:00	Pool hours ≈ ≈ ≈ 10:00 a.m.- 12:00 p.m.	Comedy Workshop <u>Bill W.</u> 11:15 a.m.-12:45 p.m. <i>Hommet Lodge</i> 	Tai Chi Chih Led by <u>Barbara L.</u> 11:30-12:30 <i>Volleyball Court</i>		12-Step Meeting 11:15 a.m.-12:45 p.m. <i>Coffee House</i>
10:30					
11:00					
11:30					
noon					
12:30PM	<b>Lunch</b> 1:00 - 2:00 <i>Hommet Lodge</i>				
1:00					Hiking with Hiker Jim & Philip C. <i>meet on Lodge Deck at 2:00</i>
1:30	Free Time  Pool hours ≈ ≈ ≈ 2:00 - 5:00 p.m.	Workshop Practical Communication <u>Larry T.</u> 2:15 - 3:45 <i>Hommet Lodge</i> 			
2:00					
2:30					
3:00					
3:30					
4:00		12-Step Meeting 4:00 - 5:30 p.m. <i>Library</i>	Workshop Facing Abandonment  <u>Barbara L.(Bluesky)</u> 4:00 - 5:30 <i>Coffee House</i>		
4:30					
5:00					
5:30					

Continued on other side



RETREAT SCHEDULE



# 2010 FALL MOUNTAIN RETREAT






Continued from other side



## SATURDAY Evening

6:00PM	<b>Dinner</b> 6:00 - 7:00 <i>Homet Lodge</i>		
6:30			
7:00	Volunteers needed to help set up stage for "Talent / No-Talent" Show.		
7:30	 <b>"Talent / No-Talent" Show !</b> With M.C. <b>Bill W.</b> 7:30 - 8:45 p.m. <i>Homet Lodge</i>		
8:00			
8:30	Volunteers needed to take down stage and set up for dance.		Massage Appts Helen 8:00 p.m. - 11:00 p.m. PSWRL
9:00			
9:30	<b>Dance</b> With DJ Dave! 9:00 p.m.- 11:30ish <i>Homet Lodge</i> 		
10:00			Open 12-Step Meeting Led by a volunteer 10:00-11:00 <i>Coffee House</i>
10:30			
11:00			
11:30			
midnight			
12:30AM			
1:00AM	 Go to sleep... or stay up all night. Your choice.		

## SUNDAY

7:00AM			Women's ACA Meeting Led by <u>Cheryl B.</u> 7:00-8:30 a.m. <i>Coffee House</i>	Men's ACA Meeting Led by a volunteer 7:00-8:30 a.m. <i>Library</i>	
7:30					
8:00					
8:30	<b>Breakfast</b> 8:30 - 9:30 <i>Homet Lodge</i>				Massage Appts Helen 9:00 a.m. - 12:00 p.m. PSWRL
9:00					
9:30		Free Time 9:30 - 10:30 a.m. <i>Wherever</i>	 Volleyball 9:30 - 10:30 a.m. <i>Volleyball Court</i>	12-Step Meeting 9:30 - 10:30 a.m. <i>Coffee House</i>	
10:00	 <b>Closing Circle</b> Led by <u>Mike F.</u> 10:30 a.m. - 12:00 p.m. <i>Homet Lodge</i>				
10:30					
11:00					
11:30					
noon	<b>2011 Retreat Volunteer Meeting</b> Your chance to help out with next year's retreat! 12:15 p.m. - 1:00 p.m. <i>Homet Lodge Deck</i> 				
12:30PM					
1:00	<b>Lunch</b> 1:00 - 2:00 <i>Homet Lodge</i>				
1:30					
2:00	Help clean up ~ Give Hugs ~ Pack ~ Help clean up ~ Give more Hugs !				
2:30	(Note: We need to be checked out of the cabins by 3:00 p.m.)				
3:00					

RETREAT SCHEDULE