



# Adult Children of Alcoholics/ Dysfunctional Families (ACA)

June  
2017

L.A. Meeting Directory    SoCalACA.org    LosAngelesACAIntergroup@gmail.com

The term "adult child" is used to describe adults who grew up in alcoholic or dysfunctional homes and who exhibit identifiable traits that reveal past abuse or neglect. The group includes adults raised in homes without the presence of alcohol or drugs. These ACA members have the trademark presence of abuse, shame, and abandonment found in alcoholic homes. Our 30 years of experience has shown that adult children who attend our meetings, work the Twelve Steps, and find a Higher Power experience astonishing improvement in body, mind and spirit. Ours is one of the few Twelve-Step fellowships that embraces the difficult task of trauma work, which can often lead to an exciting journey to the Inner Child or True Self. Along with sponsorship, we encourage informed counseling to help the adult child accomplish the greatest level of emotional healing from an abusive upbringing.

*Excerpted from the Adult Children of Alcoholics/ Dysfunctional Families (ACA) Fellowship Text pp. xii-xiii (2006).*



SUNDAY			
1:15 pm	<b>Daily Affirmation Book Meeting</b>	5102 Vesper Ave, <b>SHERMAN OAKS</b> , 91403	CA1106
2 pm	<b>ACA Anger Release</b>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle <b>CULVER CITY</b> 90230	X-street Centinela CA1270
3 pm	<b>ACA Big Book Meeting</b>	Spirit of Studio 12 6006 N Laurel Canyon, <b>NORTH HOLLYWOOD</b> 91606	X-street Oxnard. Park on street, not at strip mall or mattress store CA1074
5 pm	<b>Sunday Serenity ACA</b>	West L.A. Alano Club (upstairs) 11530 W. Pico Blvd. <b>WEST LOS ANGELES</b> 90064	W. of Gateway, ACAs only (closed) CA1271
5:30 pm	<b>Any Dysfunctional Family--Step Study</b>	Pasadena Christian Church 789 N. Altadena Dr. <b>PASADENA</b> 91107	No. of 210 Fwy. CA1111
6 pm		8742 Mulberry Dr. <b>SUNLAND</b> 91040	Above golf course in house on cul-de-sac CA1114
6 pm	<b>Moving Towards A Solution</b>	SHARE! Culver City (Felicity Room) 6666 Green Valley Circle <b>CULVER CITY</b> 90230	X-street Centinela, Red Book Study CA1073
7:30 pm	<b>Any Dysfunctional Family--Book Study</b>	Pasadena Christian Church 789 N. Altadena Dr. <b>PASADENA</b> 91107	No. of 210 Fwy. CA1111
MONDAY			
6 pm	<b>ACA Step Study</b>	1st United Methodist (2nd flr annex) 1551 El Prado Ave. <b>TORRANCE</b> 90501	CA012
6:15 pm		St. Marks Episcopal (in Parish Hall) 1020 North Brand Blvd <b>GLENDALE</b> 91202	Park & enter rear church. X-street Dryden. CA121
7 pm	<b>Ladies 12-Step Study</b>	Holy Trinity (Choir Rm.) 100 N. 3rd Ave. <b>COVINA</b> 91723	3rd & Badillo, Women, ACAs only (closed) CA1182
7:30	<b>Monday Night ACA in Whittier</b>	Matthias Episcopal (Chase Rm.), 7056 Washington Ave. <b>WHITTIER</b> 90602; Book Study	CA1100
TUESDAY			
10:30 am	<b>ACA Venice</b>	Venice Recovery Center, 414 Lincoln Blvd. <b>VENICE</b> 90291	CA1279
3:30 pm	<b>SHARE! Downtown</b>	SHARE! Downtown (Courage Room), 425 S. Broadway <b>LOS ANGELES</b> 90013	Near Pershing Sq. Metro Exit, LGBT friendly CA1196
6 pm	<b>Grupo Nueva Vida</b>	Rincon De Plaza Comercio, 9549-B Telegraph Rd. <b>PICO RIVERA</b> 90660	Spanish-speaking CA1026
6:30 pm	<b>Encino Women Step Study</b>	Holy Spirit Retreat Center (Oaks Room) 4316 Lanai Road <b>ENCINO</b> 91436	Women; Daily Affirmations CA1179
		So. of Havenhurst & Ventura Blvd. Enter small road, look for building w/parking lot. Look for ACA signs	
7 pm	<b>Sisters of Serenity</b>	St Gregory's Episcopal (Room #1) 6201 E Willow/Woodruff <b>LONG BEACH</b> 90815	Enter gate near back parking lot; Red Book Study, Women CA986
7 pm	<b>Tuesday Lancaster Meeting</b>	Antelope Valley Hospital (4th Floor, Conf. Rm. 7), 1600 W. Ave J, <b>LANCASTER</b> 93534	CA931
7 pm	<b>Help Is Here</b>	Building behind 7th Day Adventist (door on left), 43824 30th St W <b>LANCASTER</b> 93534	CA1247
7:30 pm	<b>Laundry Lists Workbook (Advanced Work)</b>	West L.A. Alano Club, (upstairs 2nd Fl) 11530 W. Pico Blvd. <b>WEST LOS ANGELES</b> 90064	W. of Gateway, ACAs only (closed), Enter at rear STREET PARKING CA1230

WEDNESDAY				
10 am	<u>Weds. ACA Red Book Meeting</u>	MWA Club; 835 E 33rd St <b>SIGNAL HILL</b> 90755	3 blocks east of Atlantic across from Target	CA044
12 noon	<u>No Victims</u>	Kaiser CRDP Room B; 236121 S. Main, <b>CARSON</b> 90745	Book Study	CA1273
6 pm	<u>ACA en español</u>	SHARE! Culver City (Harmony Rm.) 6666 Green Valley Circle, <b>CULVER CITY</b> 90230	X-street Centinela. Using the ACA Workbook. Workbook; SPANISH speakers	
7 pm	<u>Wednesday Valley ACA</u>	As You Are Church (Education Room) 7855 Lindley Ave., <b>RESEDA</b> 91335		CA1144
7:30 pm	<u>SHARE! Downtown</u>	SHARE! Downtown (Courage Room) 425 S. Broadway <b>LOS ANGELES</b> 90013	Near Pershing Sq. Metro Exit, LGBT friendly	CA992
7:30 pm	<u>Wednesday Evening Women</u>	1st United Methodist (Rm. 203) 1008 11th St, <b>SANTA MONICA</b> 90403; at 11th/Washington,	free parking across from the church, Women	CA717
7:30 pm	<u>ACA Wednesday Night</u>	United Methodist (Rm. 8), 13000 San Antonio Dr. <b>NORWALK</b> 90605	Book Study	CA428
THURSDAY				
7:30 am	<u>ACA Step Study Open To All</u>	7th Day Adventist 1171 N. Van Ness Blvd <b>HOLLYWOOD</b> 90038	Off-Street parking available in lot, Step Study	CA1093
6:15 pm	<u>Adult Children of Alcoholics</u>	St. Marks Episcopal (in Parish Hall), Park & enter rear church. X-street Dryden 1020 North Brand Blvd <b>GLENDALE</b> 91202		CA142
7 pm		MWA Club (Patio Rm), 835 E 33rd St <b>SIGNAL HILL</b> 90755	3 blocks E of Atlantic across from Target, LGBT Friendly	CA959
7 pm	<u>ACA at COA</u>	Christian Outreach In Action (COA) 515 E. 3rd St. <b>LONG BEACH</b> 90802;	NE corner 3rd & Linden, downtown Long Beach	CA1259
7 pm	<u>Women's Meditation Bk Study</u>	Holy Spirit Retreat Center 4316 Lanai Road <b>ENCINO</b> 91436 So. of Hayvenhurst & Ventura Blvd; Enter small road, look for building w/parking lot. Look for ACA signs.	Women; Candlelight.	CA1261
7:30 pm		8742 Mulberry Dr. <b>SUNLAND</b> 91040	Above golf course in house on cul-de-sac	
8 pm	<u>ACA in West Los Angeles</u>	West L.A. Alano Club (upstairs, W. of Gateway) 11530 W. Pico Blvd. <b>WEST LOS ANGELES</b> 90064		CA1045
FRIDAY				
9:30 am	<u>Friday Morning ACA</u>	New Hope Lutheran (Rm. 3) 29295 Agoura Rd. <b>AGOURA HILLS</b> 91301	X-Street Kanan Rd (Kanan Rd exit from 101 Fwy.) Red Book Study	CA1239
6 pm	<u>Growing Up in ACA</u>	9604 South Figueroa St. <b>LOS ANGELES</b> 90003	Park behind building	CA747
6 pm One hr.	<u>Fellow Travelers Step Study</u>	SHARE! Culver City (Serenity Rm.) 6666 Green Valley Circle, <b>CULVER CITY</b> 90230	X-street Centinela. Using the ACA Workbook.	CA1225
6:30 pm	<u>Beyond Survival (Ch. 15) Group</u>	Trinity Lutheran (annex building), 1450 W 7th St. <b>SAN PEDRO</b> 90732		CA1219
7 pm	<u>Steps, Traditions and A Speaker</u>	New Hope Lutheran (Rm. 3) 29295 Agoura Rd. <b>AGOURA HILLS</b> 91301	X-street Kanan Rd (Kanan Rd exit from 101 Fwy.) Gives out chips, Book study	CA1180
7:30 pm	<u>Friday Night All Saints Church</u>	All Saints (Bungalow OCC Conference Rm), 132 N. Euclid Ave. <b>PASADENA</b> 91101		CA510
SATURDAY				
9 am	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. <b>SIGNAL HILL</b> 90755	3 blocks E. of Atlantic across from Target	CA1151
12 noon	<u>Saturday Big Red Book Study</u>	MWA Club (Patio Rm), 835 E 33rd St. <b>SIGNAL HILL</b> 90755	3 blocks E. of Atlantic across from Target	CA940
1:30 pm	<u>ACA and Dysfunctional Families</u>	5446 N. Citrus Ave. <b>COVINA</b> 91722	Between Gladstone and Arrow Hwy, In Read Building S	CA164
7 pm One hr.	<u>ACA Red Book Meeting</u>	Farmers Market (Community Rm.) 6333 West 3rd St. <b>LOS ANGELES</b> 90036	Comm'ty Rm. on Upper Dining Deck, above Kip's Toyland. Check farmersmarketla.com for parking info.	CA1224

For info, SoCalACA.org; email info@socalaca.org. L.A. Intergroup meets 1st Sunday, 8 pm, SHARE!, 6666 Green Valley Circle, Culver City 90230

*All meetings are in English, non-smoking, and open to all, unless otherwise specified.*

Last updated 6/3/17



# Adult Children of Alcoholics/ Dysfunctional Families (ACA)



So Cal ACA Intergroup    SoCalACA.org    info@SoCalACA.org

## **Purpose of the Los Angeles ACA Intergroup**

The Los Angeles Intergroup provides a forum for conducting ACA business within Los Angeles County. The individual groups continue to conduct their own group business; however, the groups can select a meeting representative to represent the group at the Los Angeles ACA Intergroup. The Intergroup is composed of members from the various ACA groups, to whom it is responsible. The Intergroup helps update the meeting directory, and coordinate public information efforts, hospitals and institutions meetings, and ACA events in Los Angeles County.

## **Intergroup Business Meetings**

Los Angeles ACA Intergroup business meetings are at 8 pm on the 1<sup>st</sup> Sunday of each month in the Tranquility Room at SHARE! Culver City, 6666 Green Valley Circle, Culver City 90230. Members needed for all service positions. All welcome. If you can't attend in person, call in at 712-770-4700 Access 887877#

## **Updating Meeting Information**

Please send all additions, deletions and changes to **info@SoCalACA.org**. Please include your ACA meeting number. To be included, the meeting must be listed with ACA World Service, which requests that meetings update info annually. Thanks!

## **Nearby ACA resources**

Santa Barbara, Ventura and adjacent areas:

[www.SB-ACA.org](http://www.SB-ACA.org)

Orange County: [OrangeCountyACA.webatu.com](http://OrangeCountyACA.webatu.com)

World Service ACA: Go to [www.adultchildren.org](http://www.adultchildren.org) and click on the "Find a Meeting" tab. In the space provided, enter (**Zip/Postal code** or **State/Province** or **City, State**). Clicking on the individual meeting will take you to a page with meeting contacts.

## **For ACA Online / Phone Meetings**

Go to [www.AdultChildren.org](http://www.AdultChildren.org) and click on "Find a Meeting." There are listings for Online, Phone and Audio/Online meetings.

## **Los Angeles ACA Intergroup E-Mail List**

Sign up for Los Angeles ACA announcements, newsletters, event flyers, and upcoming motions by emailing: [announcements@SoCalACA.org](mailto:announcements@SoCalACA.org)

## **Help ACA Carry the Message**

Suggested 7th Tradition contributions (after prudent reserve):

--60% to ACA Intergroup. Send checks to Los Angeles ACA Intergroup, 6666 Green Valley Circle, Culver City CA 90230. Please include your meeting number on the check. Records of contributions are at [www.SoCalACA.org](http://www.SoCalACA.org).

-- 40% to ACA World Service. Send checks to P.O. Box 3216, Torrance, CA 90510. Payments can also be made online at [AdultChildren.org/contribute](http://AdultChildren.org/contribute).

Adult Children of Alcoholics/ Dysfunctional Families

# So Cal ACA Intergroup

## First Sunday of the month, 8 pm

SHARE! Culver City, 6666 Green Valley Circle Culver City, CA 90230--- Free parking

If you can't attend in person, call in at 712-770-4700 Access 887877#

- Tracks Los Angeles meetings and publishes directory
- Manages website SoCalACA.org
- Plans ACA events
- Supports new meetings
- Encourages fellowship and sponsorship

### Stay informed!

Join the So Cal Intergroup email list by sending an email to: [announcements@SoCalACA.org](mailto:announcements@SoCalACA.org) with the word **"Join"** in subject line (unsubscribe at any time)



[SoCalACA.org](http://SoCalACA.org)

[Info@SoCalACA.org](mailto:Info@SoCalACA.org)