



## **2017 Northern California ACA Spring Retreat**

### **Self love Growth Healing**

Date: April 21, 22, 23 Starts at 5:00PM on the 21st. and ends on April 23<sup>rd</sup>. at 1:00PM

Location: Westminster Woods Camp and Conference Center in Occidental California

Cost: \$165.00 plus Eventbrite fee.

Includes Accommodations for Friday and Saturday nights

Breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday.

#### **Event Activities:**

- Four awesome Speaker meetings and Recovery/Fun workshops
- ACA Talent Show and ACA Dance on Saturday night.

#### **What to Bring:**

- Your inner child, your loving parent and yourself, a stuffed animal.
- Sleeping bag, pillow, extra blanket and warm clothes.
- Outdoor shoes, flashlight, bug repellent, sun screen, toiletries, water bottle.
- Camera, alarm clock, small reading lamp, journal/sketch pad.

To purchase a ticket for the event Google 2017 Northern California ACA Spring Retreat

Click on the Retreat and follow the Eventbrite script.

Volunteers are needed to help put on the Retreat.

Speakers and meeting secretaries are needed.

Volunteers are needed to help set up and break down.

Early arrivals are needed to set up and volunteers are needed to stay late and break down.

Volunteers are needed to lead Recovery/Fun exercises such as a hike or meditation workshop.

To volunteer please email me at [peterhazelbaker@hotmail.com](mailto:peterhazelbaker@hotmail.com)